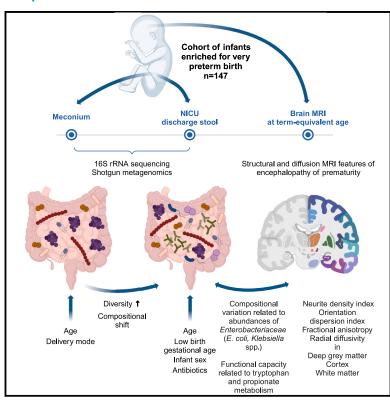
The neonatal gut microbiota: A role in the encephalopathy of prematurity

Graphical abstract



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In brief

Vaher et al. perform a comprehensive characterization of very preterm infant gut microbiome and its associations with MRI markers of encephalopathy of prematurity. The results suggest links between bacterial species and their functions with brain development. Because gut microbiome is modifiable, this research could offer new avenues for perinatal neuroprotection.

Highlights

- Microbiome and brain MRI data are used to study the preterm microbiome-gut-brain axis
- Delivery mode, birth gestation, sex, and antibiotics impact preterm gut microbiota
- Microbiota composition associates with MRI markers of encephalopathy of prematurity
- Metagenome functional capacity analyses suggest potential metabolic pathways







Article

The neonatal gut microbiota: A role in the encephalopathy of prematurity

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SUMMARY

Preterm birth correlates with brain dysmaturation and neurocognitive impairment. The gut microbiome associates with behavioral outcomes in typical development, but its relationship with neurodevelopment in preterm infants is unknown. We characterize fecal microbiome in a cohort of 147 neonates enriched for very preterm birth using 16S-based and shotgun metagenomic sequencing. Delivery mode strongly correlates with the preterm microbiome shortly after birth. Low birth gestational age, infant sex assigned at birth, and antibiotics associate with microbiome composition at neonatal intensive care unit discharge. We integrate these data with term-equivalent structural and diffusion brain MRI. Bacterial community composition associates with MRI features of encephalopathy of prematurity. Particularly, abundances of *Escherichia coli* and *Klebsiella* spp. correlate with microstructural parameters in deep and cortical gray matter. Metagenome functional capacity analyses suggest that these bacteria may interact with brain microstructure via tryptophan and propionate metabolism. This study indicates that the gut microbiome associates with brain development following preterm birth.

INTRODUCTION

Globally, preterm birth, defined as birth before 37 weeks of gestation, affects around 10% of pregnancies. People born preterm are at an increased risk for atypical brain development, termed encephalopathy of prematurity (EoP), which can lead to cerebral palsy, neurodevelopmental and cognitive impairments, autism, and psychiatric disorders. There are no treatments for EoP, partly because the mechanisms linking preterm birth with altered cerebral development are incompletely understood.

The second and third trimesters of pregnancy are crucial periods in brain development. During this time, preterm birth and its co-exposures and -morbidities impose a risk of injury and dysmaturation to the developing brain, leading to disturbances in regional brain growth, diffuse white matter disease, abnormal cortical and deep gray matter (dGM) development, and structural dysconnectivity. These features of EoP are apparent on structural and diffusion magnetic resonance imaging (MRI) in the neonatal period, and because they are associated with subsequent neurocognitive development, ^{5–8} they serve as interme-

diate phenotypes to investigate the upstream determinants of brain development.

Fundamental neurodevelopmental processes occurring in early life coincide with the acquisition and progression of the gut microbiota. Evidence from preclinical and human observational studies implicates the gut microbiome in modulating neural functions via the microbiota-gut-brain axis. ^{9,10} Specifically, the rapid parallel development of the brain and the gut microbiota in early life has led to the hypothesis of "nested sensitive periods" whereby brain development interacts with gut microbiota development to shape cognition and behavior. ^{11,12} The hypothesis has gained traction from a growing body of literature reporting associations between gut microbiota features and cognitive, language, motor, and socio-emotional development in childhood. ¹³

Preterm infants may be particularly vulnerable to disruptions in the microbiota-gut-brain axis due to altered microbiota development, which can arise from the early exposure of the immature gastrointestinal tract to microbial colonization. Although the general pattern of microbiota development in the first months



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of life appears similar in term and preterm infants, ^{16–18} the preterm infant gut has lower bacterial diversity and abundances of essential microbes like *Bifidobacterium* and higher levels of opportunistic pathogens such as *Klebsiella*, *Enterobacter*, *Enterococcus*, and *Staphylococcus*. ¹⁴ This may be a result of routine exposure to potent modifiers of the pioneering microbiota, including maternal and neonatal antibiotic treatments, ¹⁹ and variable nutritional exposures^{20,21} during the first months of life in a neonatal intensive care unit (NICU) setting. However, there are discrepancies between studies about the effect size and direction of these modifiers in preterm neonates, ²² which leave considerable uncertainty about the importance of specific clinical variables for shaping microbiota development following preterm birth.

Although the preterm population has a high burden of neurocognitive impairment and alterations in the gut microbiota, only a few recent studies have investigated gut microbiota in direct relation to preterm infant neurodevelopment²³⁻²⁷ or overt parenchymal brain injuries.²⁸ Though most of these studies have been small and directions of effects vary, there is some consensus that abundances of Bifidobacteriaceae, Enterococcaceae, Enterobacteriaceae (Escherichia/Shigella, Enterobacter, and Klebsiella), Clostridium, and Veillonella may correlate with outcomes. However, because EoP is the prevailing form of brain dysmaturation after preterm birth, moving beyond assessing overt parenchymal injuries and complex behavioral traits to study designs that include multimodal brain MRI data is crucial to elucidate the understanding of microbiome-brain interactions in this vulnerable population. The gut microbiota is intrinsically modifiable by mode of feeding and enteral supplements; thus, this knowledge could offer potential new avenues for perinatal neuroprotection. We investigated the microbiota-gut-brain axis by integrating data from microbiota profiling and multimodal brain MRI. We aimed to characterize neonatal gut microbiota profiles in a richly phenotyped cohort of term and preterm neonates at birth and at NICU discharge, to determine the most influential clinical drivers of the preterm microbiota during NICU care, and to link gut microbiota diversity and community composition with MRI features of EoP.

RESULTS

Sample characteristics

The gut microbiome was sampled at two time points (TP1: meconium and TP2: a fecal sample prior to discharge from NICU) in very preterm infants born at <32 completed weeks of gestation, and at TP1 in term-born controls, who were recruited to the Theirworld Edinburgh Birth Cohort.²⁹ Clinical and demographic characteristics of the study group are shown in Table 1 and Table S1; see Figure S1 for flowchart.

Overview of microbiota profiles

We first characterized neonatal intestinal microbiome profiles using 16S ribosomal RNA (rRNA) gene sequencing in 12 term and 58 preterm infants at TP1 and in 103 preterm infants at TP2. Shotgun metagenomic sequencing data were available for 23 preterm infants at TP1 and 97 preterm infants at TP2. Throughout the paper, 16S-based data are described at ampli-

con sequence variant (ASV) level, while shotgun taxonomic data are described at species level.

The majority of TP1 samples were dominated by an ASV from the genus *Staphylococcus*, but some had high relative abundances of ASVs belonging to genera *Streptococcus*, *Escherichia/Shigella*, *Enterococcus*, or *Klebsiella* (Figure 1A). The most abundant species (shotgun data) in the subset of TP1 samples were *Escherichia coli*, *Enterococcus faecalis*, *Staphylococcus epidermidis* and *S. haemolyticus*, and *Raoultella planticola* (Figure S2A). At TP2, most samples had high relative abundances of ASVs belonging to *Bifidobacterium*, *Enterobacteriaceae*, or *Escherichia/Shigella*, while some had high relative abundances of a *Klebsiella* ASV (Figure 1A). Shotgun sequencing showed similar profiles but allowed better species-level resolution, showing high abundances of *Bifidobacterium* spp. (*B. breve*, *B. longum*, and *B. dentium*), *E. coli*, *E. faecalis*, or *Klebsiella* spp (*K. pneumoniae* and *K. oxytoca*; Figure S2A).

Collectively, we observed a marked shift in the preterm gut microbiota community composition between birth and term-equivalent age (TEA) when analyzed at the ASV or species level (permutational analysis of variance [PERMANOVA] R² = 14.59%, $p = 9.99 \times 10^{-4}$ [Figure 1B]; $R^2 = 3.31\%$, p = 0.002 [Figure S2C], respectively). Differences in the microbiota between the two time points in preterm infants were also reflected in increasing alpha diversity (Figure 1C; linear mixed-effects model; $F_{2.112.86} = 47.244$, $q = 2.48 \times 10^{-15}$ for Shannon index [pairwise comparison: $q = 4.00 \times 10^{-14}$]; $F_{2,151.99} = 22.876$, $q = 2.06 \times 10^{-14}$ 10^{-9} for observed ASVs [pairwise comparison: q = 6.88 × 10⁻⁹]). Microbiome functional capacity captured by gut metabolic modules (GMMs; Figure S2B), similarly to taxonomic composition, also differed between the two time points in preterm infants (PERMANOVA $R^2 = 4.17\%$, $p = 9.99 \times 10^{-4}$; Figure S2D).

Comparison of preterm infants with a small sample of termborn controls at TP1 revealed weak evidence for a small difference in bacterial community composition at ASV level ($R^2 = 2.75\%$, p = 0.082; Figure 1B). This primarily manifested in lower bacterial richness (observed ASVs, $q = 7.75 \times 10^{-5}$; Figure 1C) and higher relative abundances of ASVs belonging to *Escherichia/Shigella* (q = 0.189) and *Streptococcus* (q = 0.223) genera in the preterm group, while term infants had a higher abundance of a *Corynebacterium* ASV (q = 0.131; Figure 1D).

Covariates shaping preterm infant gut microbiome

We then sought to identify perinatal covariates associated with microbiota communities in our preterm cohort, focusing on variables known from literature to associate with microbiota composition in infancy (gestational age [GA] at birth, 17,18 age at sampling, 18,30,31 birthweight, 20 delivery mode, 32–34 antibiotics, 35–37 and breastmilk exposure 20,30,38) and common preterm neonatal co-morbidities (sepsis, 37,39 necrotizing enterocolitis [NEC], 40 and bronchopulmonary dysplasia 41,42). Although biological sex, i.e., sex assigned at birth, is not often investigated in association with early-life gut microbiota development and previous studies report mixed findings to the extent that sex associates with infant microbiota, 30,43,44 we included this variable because male and female infants differ in susceptibility to mortality and major morbidities following preterm birth. 45

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Variable ^a	Level	Full-term	Preterm	<i>p</i> value ^b (term vs. preterm)	Preterm with matching MRI
Sample size	_	12	135	_	79
GA at birth, weeks (median [range])	-	40.00 [37.71, 42.00]	29.14 [22.14, 32.86]	<0.001	29.86 [22.14, 32.86]
Time point 1: number of samples	-	12	58	_	_
Time point 1: postnatal age, days (median [range])	-	1 [1, 3]	6 [1, 13]	<0.001	_
Time point 1: GA, weeks [median [range])	-	40.14 [37.86, 42.00]	29.14 [24.43, 33.57]	<0.001	-
Fime point 2: number of samples	-	_	103	_	79
Time point 2: postnatal age, days (median [range])	-	-	46 [9, 151]	-	45 [9, 151]
Time point 2: GA, weeks (median [range])	-	-	36.14 [29.43, 46.14]	-	35.85 [32.43, 46.14]
Female infants (%)°	-	9 (75.0)	64 (47.4)	0.078	36 (45.6)
Birthweight, g (mean [SD])	-	3,530 [2,740, 4,420]	1,190 [370, 2510]	<0.001	1,282 [370, 2510]
Birthweight Z score (median [range])	-	0.843 [-0.818, 2.331]	0.212 [-3.023, 2.141]	0.011	0.153 [-2.520, 2.14
GA at MRI, weeks (mean [SD])	_	-	_	_	40.56 (1.8)
Weeks between fecal sample collection and MRI (mean [SD])	-	-	-	-	3.81 (2.65)
Vaginal delivery (%)	_	11 (91.7)	41 (30.4)	<0.001	21 (26.6)
Labor antibiotics (%)	-	1 (8.3)	89 (65.9)	<0.001	48 (60.8)
Bronchopulmonary dysplasia (%)	_	_	41 (30.4)	_	24 (30.4)
Necrotizing enterocolitis (%)	-	-	7 (5.2)	-	3 (3.8)
Sepsis (%)	-	-	41 (30.4)	_	19 (24.1)
Antibiotics <72 h of life (%)	-	-	106 (78.5)	_	62 (78.5)
Antibiotics >72 h of life (%)	-	-	77 (57.0)	-	38 (48.1)
Proportion of days receiving antibiotics during NICU stay (median [range])	-	-	0.094 [0.000, 0.843]	-	0.091 [0.000, 0.708]
GA at discharge (median [range])	-	-	37.57 [30.57, 48.43]	_	37.43 [34.43, 48.43]
Breastmilk exposure	<75% inpatient days	-	73 (54.1)	-	43 (54.4)

^aCategorical variables are shown in absolute numbers with percentages (%); continuous, normally distributed variables as means with standard deviations (SD); continuous, non-normally distributed variables as medians with ranges.

≥75% inpatient days

62 (45.9)

In univariable models, ASV-level bacterial community composition at TP1 significantly associated with the mode of delivery, birthweight Z score, and postnatal age at sample collection (Figure 2A left panel). Using shotgun sequencing, the different perinatal factors had relatively stronger correlations with species-level community composition, though most did not remain significant after adjustment for multiple comparisons (Figure 2A middle panel).

At TP2, we observed the strongest associations for ASV-level bacterial community composition with the degree of prematu-

rity, followed by postnatal age and GA at sample collection, antibiotic exposure, and sex (Figure 2A left panel). Using shotgun sequencing, none of the tested covariates were statistically significantly associated with community composition, though ranking of the effect sizes was similar (Figure 2A middle panel).

Using 16S-based ASV-level data (Tables S2 and S3), Microbiome Multivariate Association with Linear Models (MaAsLin2⁴⁶) revealed that delivery mode (Figure 2B top panel) associated,

36 (45.6)

^bTwo-sample *t* tests were used to compare the means of normally distributed continuous variables between term and preterm infants; Wilcoxon ranksum tests were applied to compare medians of non-normally distributed continuous variables; and Fisher's exact test was used to test for significant differences in categorical variables.

^cThis research concerns neonates; thus, any indications to sex throughout this paper implies biologically attributable characteristic, which was assigned at birth and obtained from neonatal medical records. GA, gestational age; NICU, neonatal intensive care unit. Additional characteristics are provided in Table S1. See Table S7 for participant metadata with regards to TP2 sampling and MRI ages and Figure S1 for flowchart.



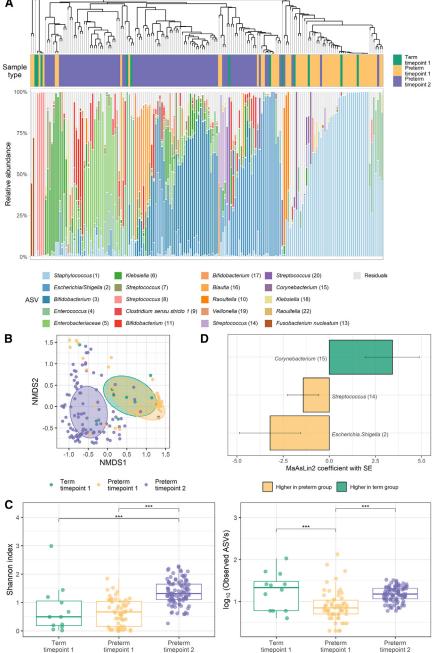


Figure 1. Overview of microbiota profiles in neonates based on 16S rRNA gene sequencing

(A) Relative abundances of the 20 most abundant amplicon sequence variants (ASVs) identified across the dataset are visualized per sample, with all other ASVs grouped together as residuals. Samples are ordered based on hierarchical clustering of the Bray-Curtis dissimilarity matrix using average linkage (see dendrogram).

(B) Non-metric multidimensional scaling (NMDS) plot based on Bray-Curtis dissimilarity between samples; data points, and ellipses are colored by sample type. The ellipses denote the standard deviation of data points belonging to each sample type, with the center points of the ellipses calculated using the mean of the coordinates per group. (C) Microbiota alpha diversity measured by Shannon index (left) and observed ASVs (right) presented as boxplots and individual data points. *** indicates q < 0.001 in pairwise comparisons using emmeans following linear mixed effects model comparing alpha diversity indices between the groups and time points.

(D) Differentially abundant ASVs in association with preterm status at time point 1. Bar plots depict MaAsLin2 analysis results. ASVs present with at least 1% of abundance in at least 5% of samples were analyzed (10 ASVs) and significant results are shown (Benjamini-Hochberg [BH] corrected p < 0.25 as default). Lengths of the bars correspond to the MaAsLin2 model coefficient, which relates to the strength of the association. Error bars indicate the standard error (SE) of the model coefficient. MaAsLin2 models were adjusted for postnatal age at sampling. Sample sizes: term time point 1 = 12, preterm time point 1 = 58, preterm time point 2 = 103. See Figure S2 for overview of microbiome profiles in preterm neonates arising from shotaun sequencina.

ella (q = 0.110). The main results of the full mutually adjusted model (Figure 2C right panel) paralleled those of the baseline model. Species-level analyses from shotgun sequencing showed similar top hits to those observed with ASVs from 16S (Tables S4 and S5), including the higher abundance of Veillonella parvula in

had a higher relative abundance of Klebsi-

extremely preterm infants and lower levels of *Streptococcus vestibularis* in females at TP2.

Bacterial alpha diversity minimally correlated with the perinatal covariates (Table S6): no significant correlations were found at TP1, while at TP2, bacterial richness correlated positively with age at sampling (postnatal and GA) and birthweight $\it Z$ score, and bacterial richness was higher in extremely compared to very preterm infants and in infants diagnosed with NEC.

Complementary analysis of the functional capacity of the microbiome using the GMMs (Figure 2A right panel) revealed nominally significant associations for birthweight z-score and labor

among others, with the abundances of *Escherichia/Shigella* (q = 0.172) and *Staphylococcus* (q = 0.023). Birthweight *Z* score negatively correlated with the abundance of *Staphylococcus* (q = 0.217), but not when adjusting for delivery mode (Figure 2B bottom panel). At TP2 (Figure 2C), the fecal samples of extremely compared to very preterm infants had higher relative abundances of different *Veillonella* ASVs (q range 0.008–0.078) and *Klebsiella* (q = 0.160) and lower levels of *Staphylococcus* (q = 0.037; Figure 2C left panel). Male and female infants differed in the relative abundances of *Veillonella* (q = 0.216), *Bifidobacterium* (q = 0.171), and *Streptococcus* (q = 0.011), and antibiotic-exposed infants





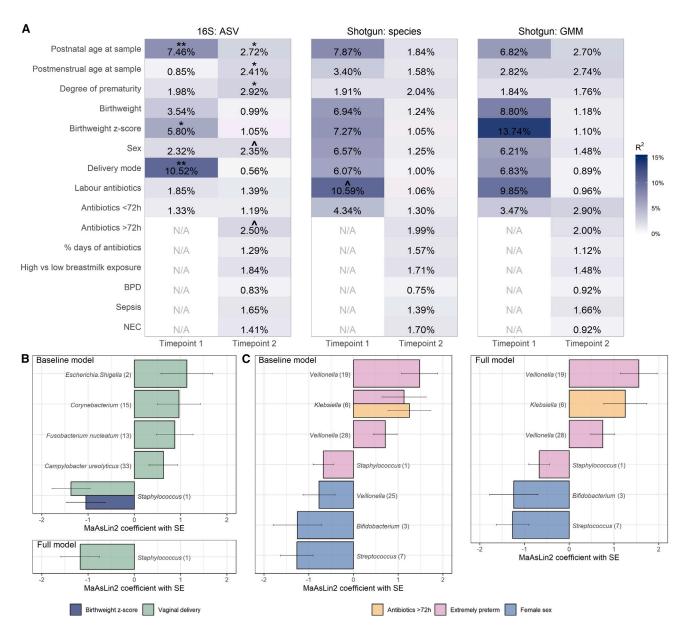


Figure 2. Covariates associated with preterm infant gut microbiota

(A) Univariable PERMANOVA results showing the association between perinatal variables and the gut bacterial community composition at each time point and for each data type. Left: ASV from 16S rRNA sequencing, middle: species from shotgun sequencing, and right: gut metabolic modules (GMMs) calculated from KEGG orthologs arising from shotgun sequencing. The variance explained is estimated for each variable independently and is indicated by a percentage/blue shades. Significance of PERMANOVA was based on 1,000 permutations and was adjusted for multiple comparisons using the Benjamini-Hochberg (BH) method; asterisks denote statistical significance ($^{\circ}q \le 0.1$, $^{*}q \le 0.05$, $^{**}q \le 0.01$).

(B and C) Differentially abundant ASVs in association with perinatal factors at time point 1 (B) and 2 (C). Bar plots depict MaAsLin2 analysis results. ASVs present with at least 1% of abundance in at least 5% of samples were analyzed (14 ASVs for time point 1 and 21 for time point 2) and significant results are shown (BH-corrected p < 0.25 as default). Bars are colored according to the covariate they are associated with. Lengths of the bars correspond to the MaAsLin2-model coefficient, which relates to the strength of the association. Error bars indicate the standard error (SE) of the model coefficient. In baseline models, we adjusted for postnatal age (time point 1), or GA at birth and sample collection (time point 2); in full adjusted models, all covariates with q value <0.1 from univariable PERMANOVAs were tested simultaneously. Here, GA at birth was dichotomized to group the infants into extremely (GA at birth <28 completed weeks) and very (GA at birth <32 completed weeks) preterm. Sample sizes for 16S rRNA sequencing: preterm time point 1 = 58, preterm time point 2 = 103; sample sizes for shotgun sequencing: preterm time point 1 = 23, preterm time point 2 = 97. See Tables S2, S3, S4, and S5 for detailed MaAsLin2 results and Table S6 for alpha diversity associations.



antibiotics at TP1, though these relationships did not remain significant after adjustment for multiple comparisons. At TP2, none of the covariates tested had statistically significant associations with community composition at the functional GMM level.

Gut microbiota associations with MRI features of EoP

Following characterization of the preterm infant microbiota, we investigated associations between the gut microbiome and MRI biomarkers of EoP at TEA in 79 infants; brain MRI scans were conducted, on average, 3.81 weeks after the collection of TP2 sample (Table S7).

We first sought to reduce the multidimensionality of the data into a meaningful set of variables capturing the variation in the microbiota compositional data. We extracted four principal coordinates (PCo-s) calculated from ASV-level Bray-Curtis dissimilarity matrix; these together explained 40.9% of variance in the microbiota community composition data. Correlation analysis between the relative abundance of ASVs and the four PCo-s revealed that PCo1 mainly indicated lower relative abundances of Bifidobacterium and Cutibacterium and, though with a weaker correlation coefficient, higher abundances of Staphylococcus and a set of Enterobacteriaceae; PCo2 indicated lower relative abundances of Escherichia/Shigella and higher abundances of an unidentified ASV in Enterobacteriaceae family; PCo3 mainly indicated lower abundances of Klebsiella and, to lesser extent, higher abundances of Enterobacteriaceae; and PCo4 indicated lower abundances of Enterococcus and interestingly, but to a lesser extent, both higher and lower abundances of different Bifidobacterium ASVs (Figure 3). These PCo-bacteria correlations were confirmed using metagenomic sequencing (Figure S3), though simultaneously providing better species resolution. Notably, PCo2 indicated higher abundances of K. oxytoca, suggesting a species specification to the unnamed Enterobacteriaceae ASV from 16S-based sequencing. From 16S data, we calculated the Shannon index and number of observed ASVs as two complementary measures of alpha diversity. The PCos were orthogonal and showed very weak rank correlations with one another (Spearman ρ range 0.03-0.19), suggesting that each of them captures an independent aspect of the variance in gut bacterial community composition. The two alpha diversity indices were, as expected, moderately correlated with one another (Spearman $\rho = 0.63$); furthermore, observed ASVs had a moderate negative correlation with PCo1 (Spearman $\rho = -0.49$).

The four beta diversity PCo-s and two alpha diversity indices were then used as the main predictors of interest in studying the relationships between gut microbiota and MRI biomarkers of EoP. We focused on whole-brain imaging metrics capturing brain size (tissue volumes), microstructure derived from diffusion tensor imaging (fractional anisotropy [FA] and radial diffusivity [RD]) and neurite orientation dispersion and density imaging (NODDI; neurite density index [NDI], orientation dispersion index [ODI], and isotropic volume fraction [ISO]), and cortical morphometry (gyrification index, thickness, sulcal depth, curvature, and surface area). For contextualization of the image features in respect to GA at birth and at scan, please see Table S8.

PCo1 negatively associated with total brain tissue and absolute white matter volume and positively with relative dGM vol-

ume (Figure 4A). The incremental R^2 upon adding the PCo1 to a null model was 2.6% for total brain tissue, 5.4% for white matter, and 8.3% for dGM relative volume. There was also a nominally significant association between relative cortical volume and PCo2 (incremental R^2 2.6%). However, no volumetric association remained statistically significant after multiple comparison adjustment.

In contrast, there were statistically significant associations between the microbiota and dMRI features of EoP after correction for multiple tests (Figure 4B). PCo2 associated with dGM microstructure (incremental R² was 6.4% for ODI and 2.3% for NDI) and ODI in the cortex (incremental R² 7.8%); PCo3 associated with measures of global white matter microstructure (gRD, gNDI, and gISO; incremental R² was 5.6%, 2.7%, and 6.0%, respectively); and PCo4 associated with cortical complexity (thickness; incremental R² 5.2%) and microstructure (ODI; incremental R² 7.5%). Microbiota richness (number of observed ASVs) also associated with dGM microstructure (incremental R² was 3.9%, 3.4%, 4.3%, and 2.7%, for FA, NDI, ODI, and RD, respectively) as well as ODI in the white matter (incremental R² 4.3%).

The statistically significant microbiota-brain associations after false discovery rate correction (except for the association between observed ASVs and gODI) remained significant in sensitivity analyses where we adjusted for birthweight *Z* score and sex and excluded infants with NEC (data not shown).

PCo-s capture complex patterns of variation within bacterial communities; therefore, to better understand how specific bacterial biomarkers may be related to brain features, we performed post hoc analysis using MaAsLin2 for those MRI features that showed statistically significant associations with gut microbiota in PCo- and alpha diversity-based analyses. These results were partially in line with those obtained using the microbial community PCo-s (Figure 5; Table S9). Bifidobacterium, the strongest driver of the PCo1, was not significantly associated with any of the brain microstructural measures tested. In line with the PCo2-dGM microstructure findings. Escherichia/Shigella, the strongest negative driver of PCo2, showed significant associations with FA (q = 0.204), NDI (q = 0.004), and ODI (q = 0.061) in dGM. Also in line, Enterobacteriaceae, the strongest positive driver of PCo2, correlated significantly with dGM ODI (q = 0.025). Klebsiella, the strongest negative driver of PCo3, was ranked at the top of the list of associations with gRD (q = 0.328) and was interestingly significantly associated with NDI (q = 0.089) and ODI (q = 0.162) in dGM. In contrast, Enterococcus, the strongest negative driver of PCo4, was not significantly associated with any of the MRI markers.

These analyses revealed further relationships between brain MRI features and bacterial taxa beyond the main drivers of the community composition variance. Notably, different *Veillonella* ASVs positively correlated with dGM FA/NDI (q range 0.018–0.209) and negatively with ODI (q range 0.083–0.115).

Analyses using the shotgun data showed similar bacteriabrain associations (Table S10). Importantly, these replicated the *E. coli*, *Klebsiella* spp. (oxytoca, michiganensis, and pneumoniae), and Veillonella parvula correlations with dGM microstructure and *E. coli* correlations with cortical ODI. Interestingly, using these data, *Bifidobacterium breve* positively correlated with FA in the dGM.





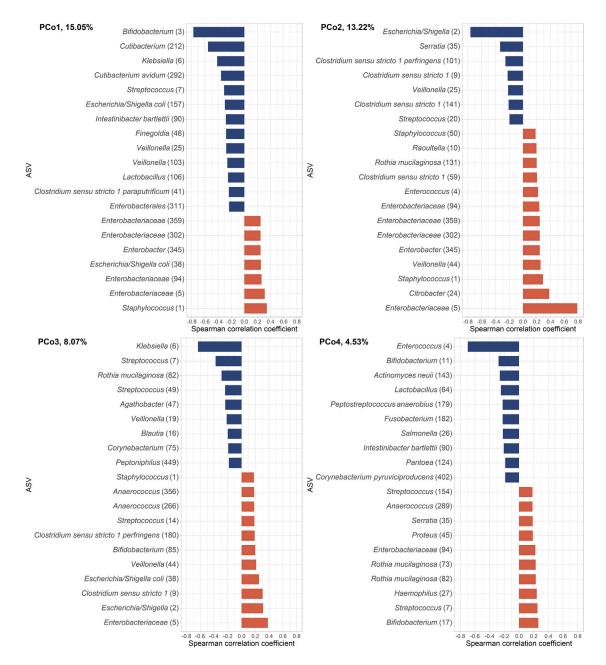


Figure 3. Dimensionality reduction of the microbiota community composition data

Bacterial ASV correlations with the first four orthogonal principal coordinates (PCo-s), showing the top 20 strongest correlations for each PCo. The percentage refers to the variance explained by each of the PCo-s. Red indicates positive and blue negative correlations between the PCo-s and relative abundances of ASVs. Sample size n = 79 (linked MRI and microbiome data). See Figure S3 for bacterial species (shotgun sequencing) correlations with the PCo-s.

Bacterial functional capacity and brain microstructure

To probe potential functional implications of the bacteria-brain relationships, we calculated gut-brain modules⁴⁷ (GBMs) from the shotgun data. Among the most abundant GBMs were several related to excitotoxic pathways including glutamate and quinolinic acid metabolism (Figure 6A).

PCo1 correlated the strongest with modules related to quinolinic acid and menaquinone synthesis; PCo2 correlated with modules related to degradation of tryptophan and inositol; PCo3 correlated

with modules for the synthesis of S-adenosylmethionine (SAM) and degradation of tryptophan; and PCo4 correlated with GABA and inositol degradation (Figure 6B).

We then studied the relationships between GBM abundances and those MRI markers that were identified as significantly associated with the gut microbiota PCo-s or alpha diversity using MaAsLin2. This revealed the strongest associations between modules related to the capacity of propionate and tryptophan metabolism and NODDI measures in the deep and cortical





Figure 4. Microbiota associations with MRI features of encephalopathy of prematurity

(A) Regression results for brain volumetric measures.

(B) Regression results for brain microstructural measures. Models are adjusted for gestational age at birth and at scan; microbiota PCo-s and alpha diversity metrics were adjusted for gestational age at sampling via linear regression, retaining the residuals. Points correspond to the standardized model coefficient. Error bars indicate the SE of the model coefficient. Full color points indicate nominal p value < 0.05; asterisks (*) indicate Benjamini-Hochberg (BH) method-adjusted p value < 0.25. Red indicates positive and blue negative associations. Relative volumes are calculated by normalizing to total tissue volume (the sum of the volumes of cortical gray matter, white matter, deep gray matter, cerebellum, brainstem, hippocampi, and amygdalae). FA, fractional anisotropy; RD, radial diffusivity; NDI, neurite density index; ODI, orientation dispersion index; ISO, isotropic volume fraction; cGM, cortical gray matter; dGM, deep gray matter, CB, cerebellum; sulc, sulcal depth; GI, gyrification index; g, general factor; SE, standard error. Sample sizes (total n = 79): volumetric and cortical structural complexity analysis = 76, white matter microstructure analysis = 74, and cortical and deep gray matter and cerebellar microstructural diffusion analysis = 74. See Table S8 for contextualization of the image features in respect to GA at birth and at scan, Tables S9 and S10 for ASV- and species-level MaAsLin2 results, and Figure S5 for representative brain maps.

gray matter (Figure 6C, Table S11). dGM microstructure additionally associated with modules related to caseinolytic peptidase B (ClpB), SAM, and glutamate synthesis—three most abundant GBMs identified.

Lastly, to understand which bacteria could contribute to the brain-associated GBMs, we studied the associations between species and module abundances as well as the species-stratified module abundances. In line with PCo-GBM correlations (Figure 6C), we found correlational evidence that *E. coli* is the strongest contributor to the modules related to the capacity of tryptophan and propionate degradation, and *Klebsiella* spp. have high contributions to the capacity of propionate synthesis (Figure S4). *Bifidobacterium* spp. were among the main contributors to the most abundant GBMs.

DISCUSSION

We characterized the gut microbiome of preterm infants using 16S rRNA gene and shotgun metagenomic sequencing and determined the most influential clinical drivers of the preterm microbiota during NICU care. Thereafter, we integrated metagenome data with multimodal brain MRI to uncover associations between microbiota community composition, diversity and functional capacity, and the EoP.

Neonatal microbiota development

Consistent with previous reports of a dynamic development of the gut microbiota over the neonatal period in preterm infants, 30,48 there was a substantial shift in microbiota diversity and community composition between preterm birth and hospital discharge. Shortly after birth, the microbiota of the majority of infants was dominated by the facultative anaerobe *Staphylococcus*. By the time of NICU discharge, the microbiota diversity had increased and infants had gut microbiota profiles with high relative abundances of either *Bifidobacterium* or *Enterobacteriaceae*, mainly *Klebsiella* spp.; community compositions high in *Escherichia/Shigella* or *Enterococcus* were also prevalent.

Differences in the meconium microbiota of term and preterm infants

There were small differences in bacterial community composition between term and preterm meconium with a higher abundance of *Escherichia/Shigella* and *Streptococcus* in the preterm group—a profile that has been reported previously. ⁴⁹ The higher microbiota richness in preterm meconium might reflect the slightly higher postnatal age at sampling in the preterm group due to delayed passage of meconium in preterm infants and is consistent with a decrease in alpha diversity in the first days of life due to environmental filtering before a gradual increase





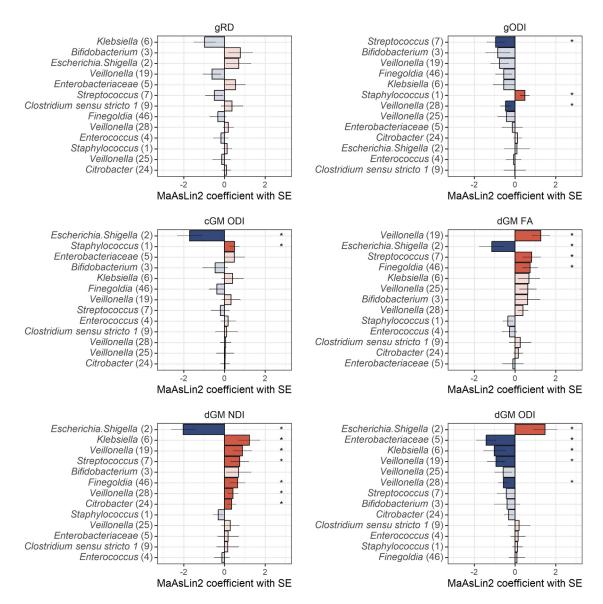


Figure 5. Taxa-level analyses correlating brain microstructural features with the relative abundances of ASVs

Analyses were conducted using MaAsLin2, testing for differences in ASVs present with at least 1% of abundance in at least 10% of samples (*n* = 13 ASVs). ASVs are ordered by the strength of association with each brain imaging feature. Lengths of the bars correspond to the MaAsLin2 model coefficient, which relates to the strength of the association. Error bars indicate the standard error (SE) of the model coefficient. Full color bars and asterisks (*) indicate Benjamini-Hochberg (BH) method-adjusted *p* value <0.25. Red indicates positive and blue negative associations. Sample size: white matter microstructure analysis = 74, and cortical and deep gray matter microstructure analysis = 74. ASV, amplicon sequence variant; MaAsLin, Microbiome Multivariate Association with Linear Models; FA, fractional anisotropy; RD, radial diffusivity; NDI, neurite density index; ODI, orientation dispersion index; cGM, cortical gray matter; dGM, deep gray matter; g, general factor; SE, standard error. See Tables S9 and S10 for ASV- and species-level MaAsLin2 results.

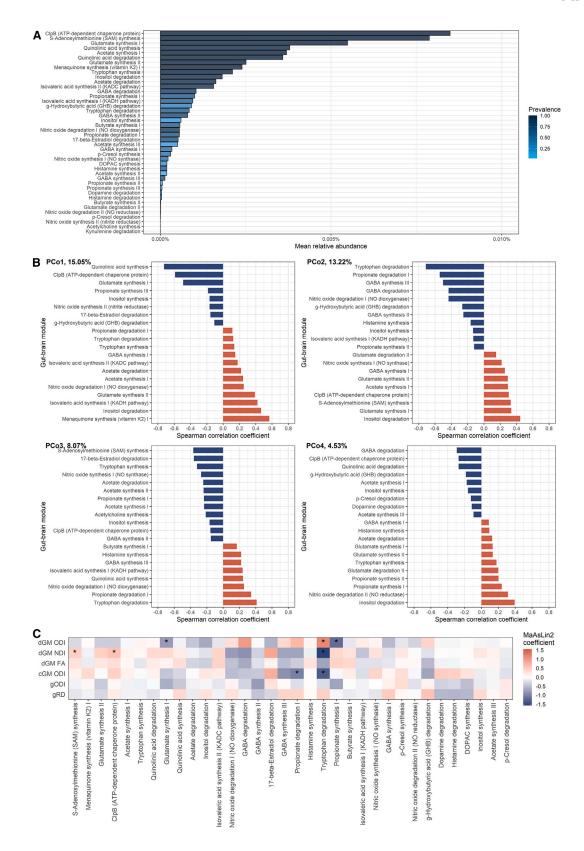
coinciding with actual colonization.^{30,50} An important technical consideration for interpreting meconium microbiota data is that only a small proportion of term infant meconium samples had sufficient bacterial biomass for sequencing. Yet, it has been reported previously that meconium has low bacterial DNA, ^{51,52} with relatively higher detection in preterm infants. ⁵¹ Even among the preterm group, only a minority of meconium samples had sufficient DNA yield for shotgun sequencing. Thus, the profiles may not be representative of the majority of meconium samples;

this could explain some of the differences observed in the results with 16S-based vs. shotgun sequencing.

Drivers of the preterm gut microbiota at birth and at NICU discharge

In line with studies in term infants, ^{33,34} delivery mode had the strongest correlation with the bacterial community composition shortly after birth. There is variability in the preterm literature about the impact of mode of delivery²²; these data provide





(legend on next page)

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additional information from a new cohort. At TP2, delivery mode was not associated with microbiota composition, which could reflect either "recovery" of gut microbiota profiles³³ or an overshadowing by prematurity-related co-exposures. Indeed, low birth GA was the strongest covariate correlating with bacterial community composition at TP2, which suggests there is an allostatic load of prematurity-related co-exposures shaping the preterm microbiota. Extremely preterm infants had higher abundance of Veillonella - a signature taxa in the 4-month-old term infant microbiota, associated with reduced oxygen concentration and utilization of lactic acid. 32 Given that low GA also associated negatively with the abundance of Staphylococcus, these findings suggest a "younger-looking" microbiota at the time of NICU discharge in infants born at a higher GA. Infant sex and antibiotic exposure also contributed to microbiota composition at TP2. Only a few studies have investigated the role of biological sex in microbiota development, yielding mixed results. 30,44,5 We found the strongest evidence for higher abundance of Streptococcus in male babies. Sex differences in this context are interesting because preterm boys have a higher risk of major morbidities than preterm girls.⁴⁵ In line with previous studies,³⁶ we report higher abundance of Klebsiella in infants exposed to antibiotics during their NICU stay; Enterobacteriaceae, including Klebsiella spp., correlate with increased antimicrobial resistance genes in antibiotic-exposed preterm infants. 19,35 Similarly, supporting previous findings, 36 exposure to antibiotics rather than length of exposure associated with microbiota composition in preterm infants, suggesting an exquisite sensitivity of the preterm microbiota to antimicrobial treatment.

Microbiota-brain interactions: Relevance to EoP

We took two complementary approaches to study associations between the gut microbiome and brain structure: we applied dimensionality reduction⁵⁵ to construct latent variables capturing the main variance of bacterial composition, followed by post hoc MaAsLin2 analyses.

Results from both methods suggested the strongest correlations between the relative abundances of *Escherichia/Shigella* (*E. coli* from shotgun sequencing) and dGM and cortical microstructure, particularly measures derived from NODDI, and between *Enterobacteriaceae* (*Klebsiella* spp. using shotgun sequencing) and dGM microstructure. This suggests that gut microbiota associates with cellular and dendritic morphology as previously demonstrated in rodent models of microbiota disruptions. Morphological changes in dGM nuclei are commonly observed in preterm infants 57–59; these associate with reduced

microstructural integrity in the white matter and poorer neurodevelopmental outcomes.⁵ In addition, preterm birth associates with alterations in cortical microstructure and morphology at TEA. 60 Escherichia/Shigella and Klebsiella have been linked with neurodevelopment previously, primarily with better and worse outcomes, respectively. 24,26,28,61 Thus, the current bacteria-brain findings are intriguing, given the age- and birth GA associations for the NODDI parameters (Table S8). For example, dGM NDI is positively and ODI negatively associated with GA at scan, suggesting that decreased abundance of Escherichia and increased abundance of Klebsiella spp. associate with microstructural markers related to more mature dGM microstructure. However, the functional/behavioral implications of microstructural changes in the neonatal gray matter are not yet established, leaving uncertainty in the assignment of positive/ negative valence to the bacteria-brain relationships. Nevertheless, these findings contribute to the literature highlighting the importance of these prevalent bacteria in the microstructural development of deep and cortical gray matter in preterm infants.

Post hoc analyses also revealed bacteria-brain relationships that were not captured by the first four beta diversity PCo-s. Specifically, *Veillonella parvula*, which associated with the degree of prematurity, correlated with dGM microstructural parameters, following the same direction of effect as GA at scan (Table S8). *Veillonella* has been associated with neurobehavioral outcomes, including motor and temperament development. Veillonella could play different roles in brain function and behavior at different developmental phases, and it remains to be established to what extent these relationships may be mediated by brain microstructure around the time of birth.

Calculation of GBMs allowed functional interpretation of the bacteria-brain relationships. In particular, the PCo indicated by the abundances of *Escherichia* and *Enterobacteriaceae/Klebsiella oxytoca* correlated the strongest with the capacity for tryptophan degradation. Indeed, MaAsLin2 analyses showed that this module's abundance correlated with the microstructure in dGM and cortex. Based on species-stratified gene annotations and species-module correlations, *E. coli* was the most substantial contributor to this functional property of the microbiome. Tryptophan metabolism has been suggested as one of the key gut-brain communication mechanisms in preclinical and human observational studies. ¹⁰ *E. coli* degrades tryptophan into indole, which regulates gut epithelial cell function and immune response, ⁶² as well as central nervous system inflammation via astrocytes. ⁶³ Thus, our results suggest that *E. coli* may interact with brain

Figure 6. Gut-brain modules in association with brain microstructure in preterm infants

(A) Mean relative abundance of the GBMs reflecting functional potential of the metagenome; bars are colored by the prevalence of the modules. 42 out of 56 GBMs were detected in the microbiome-MRI matching dataset (n = 77); all are present in at least two samples.

(B) GBM correlations with the first four orthogonal principal coordinates (PCo-s) calculated from 16S rRNA beta diversity data, showing the top 20 strongest correlations for each PCo. The percentage refers to the variance explained by each of the PCo. Red indicates positive and blue negative correlations between the PCo-s and GBMs.

(C) GBMs in correlation with brain microstructural features. Analyses were conducted using MaAsLin2, testing for differences in GBMs present in at least 10% of samples (n = 34 modules). Modules are ordered (left to right) by the prevalence in the dataset. Color corresponds to MaAsLin2 model coefficient, which relates to the strength of the association, with blue indicating negative and red positive correlations. Asterisks (*) indicate Benjamini-Hochberg (BH) method-adjusted p value <0.25. Sample size n = 77 (linked MRI and metagenomic shotgun data). FA, fractional anisotropy; RD, radial diffusivity; NDI, neurite density index; ODI, orientation dispersion index; cGM, cortical gray matter; dGM, deep gray matter; g, general factor; GBM, gut-brain module. See Table S11 for MaAsLin2 results and Figure S4 for species contribution to GBMs.



microstructural development via tryptophan metabolism, but future mechanistic work and studies incorporating metabolome analysis are needed to further study this relationship.

Synthesis and degradation of the short-chain fatty acid (SCFA) propionate correlated with ODI in dGM and cortex, respectively. The strongest contributors to these modules were *Klebsiella* spp. and *E. coli*, respectively. Propionate, acetate, and butyrate are among the most abundant SCFAs in the human body. SCFAs have wide-ranging functions, ⁶⁴ including (neuro)immune modulation, and propionate has been demonstrated to impact the blood-brain barrier. ⁶⁵ Future studies, including metabolomics, are required to validate the current findings and to identify to what extent bacterial-derived propionate directly interacts with the brain.

Bifidobacterium is the predominant bacterium in vaginally delivered breastfed infants during the first year of life, and several studies have identified positive correlations between Bifidobacterium abundance and neurobehavioral outcomes, 13 including in preterm infants.²⁵ It is sometimes used as a probiotic to prevent NEC in preterm infants, though clinical efficacy is uncertain and we are not aware of studies of its impact, if any, on neurodevelopment. 66 We found some suggestive evidence that the primarily Bifidobacterium-driven PCo1 correlates with total brain and white matter volume and with relative dGM volume, reflecting improved brain growth in association with higher abundance of Bifidobacterium. We also found that Bifidobacterium spp. were one of the main contributors to the three most abundant GBMs in this preterm dataset, which significantly correlated with dGM microstructure: ClpB, SAM, and glutamate synthesis. This may suggest that Bifidobacterium involvement in metabolic pathways may be important for brain structural development. However, these potential relationships between Bifidobacterium and brain structure need to be replicated in an independent cohort. A recent Cochrane review⁶⁶ concluded that further large, high-quality trials are needed to inform clinical practice about probiotic use for the prevention of NEC in preterm infants. Our data indicate that assessment of neurodevelopment should be incorporated into future studies of safety and efficacy of probiotics in preterm infants.

The main strength of this study is the linked microbiome-MRI dataset. There is a scarcity of metagenomics data alongside multi-modal neuroimaging, particularly in the neonatal population, making this a valuable contribution to the microbiota-neuroimaging field. We evaluated infants born at <32 weeks' gestation, who are at an especially high risk of adverse neurocognitive outcomes. The clinical profile of the cohort, the absence of major parenchymal lesions, and the similarities of microbiota community composition with other studies suggest that it is representative of the majority of survivors of neonatal intensive care.

Low-biomass samples, such as those collected from neonates, are at an increased risk for biases due to possible bacterial DNA contamination from processing reagents and environment. We included control samples, which enabled to investigate the environmental background and remove contaminant taxa from the dataset. Furthermore, the inclusion of shotgun metagenomic sequencing alongside 16S enabled us to investigate within-study replicability and probe functional capacity.

Limitations of the study

The study has some limitations. While the sample size was larger than that of previous work integrating microbiota with neuroimaging in infancy and childhood, 28,55,68-72 it is still a limitation given the high inter-individual variation both in brain microstructural as well as in the microbiota development in preterm infants. Small samples and high heterogeneity coupled with the multidimensional nature of both microbiota sequencing and neuroimaging datasets and high analytic freedom are the main limitations of microbiotaneuroimaging studies, leading to reduced power and variability in the results. To reduce dimensionality, we focused on wholebrain measures capturing EoP. However, this may have hindered the detection of more specific brain regions associated with microbiota; future studies with larger sample sizes are needed to investigate the regional specificity of the observed global effects. PCo analysis and calculation of GBMs from the microbiome data allowed for a principled way of data reduction. There is rapid development of the gut microbiota in the neonatal period; thus, the wide age range of sampling could have introduced noise in the microbiota-brain relationships; to mitigate this, we always adjusted for age at microbiota sampling. The sample size was not sufficiently powered for age- or sex-stratified analyses.

While shotgun metagenomic sequencing allows evaluation of the functional capacity of the microbiome, future studies including metabolomics measurements are needed to confirm whether gene abundances equate to differences in metabolite levels. Additionally, our interpretation of bacterial species' contributions to GBMs was based on species-GBM abundance correlations and species-stratified GBM annotations; thus, future mechanistic work using *in vitro* or animal models are needed to confirm the validity of these findings.

Finally, the microbiota-brain association analysis was crosssectional with the time points chosen to capture EoP and the allostatic load of prematurity on the gut microbiome. However, this limits causal inference: the relationships observed could reflect a separate process causally linked to the development of both the gut microbiome and brain structure. Nevertheless, preclinical data show that colonization of germ-free mice with preterm microbial communities associates with poor growth, systemic and neuroinflammation, delayed neuronal development and myelination, disrupted brain microstructural connectivity, and behavioral deficits, 73,74 supporting a causal relationship. Future studies with longitudinal microbiome sampling over the NICU period are needed to clarify the critical time window for the strongest influence of the gut microbiome on brain microstructural development. This is important to identify the optimal time for microbiome modification-based therapies for brain health following preterm birth.

In conclusion, the results contribute to understanding microbiota-brain associations following preterm birth and suggest that microbiota modification is a potential new avenue for neuroprotection during neonatal intensive care.

RESOURCE AVAILABILITY

Lead contact

Further information and requests for resources and reagents should be directed to and will be fulfilled by the lead contact, James P. Boardman (James.Boardman@ed.ac.uk).

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Materials availability

This study did not generate new unique reagents.

Data and code availability

- All data generated in this study are stored at the University of Edinburgh. The data are not part of an open repository due to the terms of the informed parent/guardian consent, which stipulates that the use of anonymized data is for studies of perinatal health that have been approved by regulatory bodies. All raw 16S and shotgun data and their derivatives used for analysis alongside with participant clinical data, sample metadata, and neuroimaging data derivatives used in this work are deposited in Edinburgh DataVault⁷⁵ (https://doi.org/10.7488/e65499db-2263-4d 3c-9335-55ae6d49af2b). Requests for access will be considered under the study's Data Access and Collaboration policy and governance process (https://www.ed.ac.uk/centre-reproductive-health/tebc/about-te bc/for-researchers/data-access-collaboration, James.Boardman@ed. ac.uk). Requests for raw neuroimaging data will similarly be considered under the study's Data Access and Collaboration policy and governance process: https://www.ed.ac.uk/centre-reproductive-health/teb c/about-tebc/for-researchers/data-access-collaboration.
- Code used for the data analysis in this paper is available on GitLab (https://git.ecdf.ed.ac.uk/jbrl/neonatal-microbiota-and-braindysmaturation) and has been deposited at Zenodo; DOI is listed in the key resources table.
- Any additional information required to reanalyze the data reported in this
 work paper is available from the lead contact (James.Boardman@ed.ac.
 uk) upon request.

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AUTHOR CONTRIBUTIONS

K.V., D.B., and J.P.B. conceived and designed the experiments. G.S., D.Q.S., and A.C. recruited the participants. G.S., D.Q.S., A.C., and K.V. supervised MRI acquisition and collected clinical data. K.V. and P.L.P. were responsible for the execution and quality control of the laboratory work. K.V. and M.B.C. performed MRI data quality control and processing. A.J.Q. was responsible for clinical evaluation of MR images. M.J.T. and M.E.B. designed MRI acquisition protocols. K.V. and J.B. performed bioinformatic processing. K.V. analyzed the data. J.B., G.J.v.B., and M.-L.O. assisted with data analysis. K.V., D.B., and J.P.B. wrote the paper. All authors significantly contributed to interpreting the results, critically revised the manuscript for important intellectual content, and approved the final manuscript.

DECLARATION OF INTERESTS

The authors declare no competing interests.

STAR*METHODS

Detailed methods are provided in the online version of this paper and include the following:

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SUPPLEMENTAL INFORMATION

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STAR***METHODS**

KEY RESOURCES TABLE

REAGENT or RESOURCE	SOURCE	IDENTIFIER
Bacterial and virus strains		
ZymoBIOMICS Microbial Community Standard	Zymo Research, USA	Cat#D6300
ZymoBIOMICS Microbial Community DNA Standard	Zymo Research, USA	Cat#D6305
Biological samples		
Fecal samples from term and preterm infants	This paper; Neonatal unit of the Simpson Center for Reproductive Health, Royal Infirmary of Edinburgh, UK; Theirworld Edinburgh Birth Cohort (TEBC) ²⁹	N/A
Chemicals, peptides, and recombinant proteins		
Phenol equilibrated, stabilized Stabilization: stabilized with 0.1% 8-Hydroxyquinoline, extracted with Tris - Solution (pH 8.0)	VWR international LTD, UK	APLIA1153.0500, A1153.0500
Zirconium beads (0.1 mm)	BioSpec products, USA	Cat#11079101z
2 mm glass beads	Scientific Laboratory Supplies, UK	Cat#1040140500
Master mix universal taqman 5 × 5 mL	Thermo Fischer Scientific, MA, USA	Cat#10437304
Nuclease free water	Life technologies LTD, Thermo Fisher Scientific, MA, USA	Cat#AM9937
Critical commercial assays		
Mag Mini DNA Isolation Kit: Wash buffer BL 1	LGC genomics, Germany	NAP40181
Mag Mini DNA Isolation Kit: Wash buffer BL 2	LGC genomics, Germany	NAP40211
Mag Mini DNA Isolation Kit: Binding buffer BL	LGC genomics, Germany	NAP40102
Mag Mini DNA Isolation Kit: Lysis buffer BL	LGC genomics, Germany	NAP40012
Mag Mini DNA Isolation Kit: mag particle suspension BL	LGC genomics, Germany	NAP40137
Mag Mini DNA Isolation Kit: Elution buffer BL	LGC genomics, Germany	NAP40241
Mini-Beadbeater-24	BioSpec products, USA	Cat#112011EUR
Quant-iT TM PicoGreen® dsDNA Assay Kit	Thermo Fisher Scientific, MA, USA	Cat#P7589
StepOnePlus Real-Time PCR System	Applied Biosystems, Thermo Fisher Scientific, MA, USA	Cat#4376599
AMPure XP beads	Thermo Fisher Scientific, MA, USA	Cat#A63880
MiSeq Reagent Kit v2	Illumina, CA, USA	Cat#MS-102-2003
Illumina MiSeq instrument	Illumina, CA, USA	Cat#SY-410-1003
Illumina NovaSeq 6000 instrument	Illumina, CA, USA	Cat#M-GL-00271
Siemens MAGNETOM Prisma	Siemens Healthcare Erlangen,	N/A
3T MRI clinical scanner	Germany	
16-channel phased-array pediatric head coil	Siemens Healthcare Erlangen, Germany	N/A
Deposited data		
16S data	This paper	https://doi.org/10.7488/e65499db- 2263-4d3c-9335-55ae6d49af2b ⁷⁵
Shotgun metagenomic data	This paper	https://doi.org/10.7488/e65499db- 2263-4d3c-9335-55ae6d49af2b ⁷⁵
Silva v138.2 reference database	Quast et al. ⁷⁶	https://zenodo.org/record/ 3986799#.YfD5ti-iH0r
		(Continued on next need)

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Continued			
REAGENT or RESOURCE	SOURCE	IDENTIFIER	
Analysis code and scripts	This paper	https://git.ecdf.ed.ac.uk/jbrl/neonatal- microbiota-and-brain-dysmaturation https://doi.org/10.5281/ zenodo.13347878	
Oligonucleotides			
forward primer 16S-F1 for qPCR 5'-CGA AAG CGT GGG GAG CAA A-3'	Bogaert et al. ⁷⁷	N/A	
reverse primer 16S-R1 for qPCR 5'-GTT CGT ACT CCC CAG GCG G-3'	Bogaert et al. ⁷⁷	N/A	
probe: 6FAM-ATTAGATACCCT GGTAGTCCA-MGB	Bogaert et al. ⁷⁷	N/A	
515F 16S V4 forward primer 5'-GTGCCAGC MGCCGCGGTAA-3' (including Illumina adapters and barcodes)	Caporaso et al. ⁷⁸	N/A	
806R 16S V4 reverse primer 5'- GGACTACHVGGGTWTCTAAT- 3' (including Illumina adapters and barcodes)	Caporaso et al. ⁷⁸	N/A	
Software and algorithms			
R 4.2.1	R core team	https://www.r-project.org	
DADA2 v1.16	Callahan et al. ⁷⁹	https://benjjneb.github.io/dada2/	
decontam v1.16.0	Davis et al. ⁸⁰	https://bioconductor.org/packages/release/bioc/html/decontam.html	
phyloseq v1.40.0	McMurdie and Holmes ⁸¹	https://joey711.github.io/phyloseq/	
vegan v2.6-4	Oksanen et al. ⁸²	https://cran.r-project.org/web/ packages/vegan/index.html	
cutadapt v3.5	Martin 2011 ⁸³	https://github.com/marcelm/ cutadapt/tree/9276a89d5df9282ff 51602b042b40c3b48c98566	
bowtie2 v2.4.1	Langmead et al. 2019, ⁸⁴ 2012 ⁸⁵	https://bowtie-bio.sourceforge.net/bowtie2/manual.shtml	
MetaPhlAn v3.1	Beghini et al. ⁸⁶	https://github.com/ biobakery/MetaPhlAn	
HUMAnN v3	Beghini et al. ⁸⁶	https://github.com/biobakery/humann	
omixerRpm v0.3.3	Darzi et al. ⁸⁷ ; Vieira-Silva et al. ⁸⁸ ; Valles-Colomer et al. ⁴⁷	Silva et al. ⁸⁸ ; http://www.raeslab.org/gomixer/	
ape v5.6-2	Paradis and Schliep ⁸⁹	https://cran.r-project.org/web/ packages/ape/index.html	
merTest v3.1-3	Kuznetsova et al. ⁹⁰	https://cran.r-project.org/web/ packages/lmerTest/index.html	
emmeans v1.8.0	Lenth ⁹¹	https://cran.r-project.org/web/ packages/emmeans/index.html	
Maaslin2 v1.10.0	Mallick et al. 46	https://bioconductor.org/packages/release/bioc/html/Maaslin2.html	
ggplot2 v3.4.2	Wickham ⁹²	https://ggplot2.tidyverse.org/	
MRtrix3 v3.0_RC3-15-g9494da8d	Tournier et al. ⁹³	https://www.mrtrix.org/	
FMRIB Software Library (FSL) v5.0.11	Smith et al. ⁹⁴	https://fsl.fmrib.ox.ac.uk/fsl/fslwiki/	
ANTs v1.2.1	Avants et al. 95	https://github.com/ANTsX/ANTs	
developing Human Connectome Project (dHCP) pipeline	Makropoulos et al. ⁹⁶	https://github.com/BioMedIA/ dhcp-structural-pipeline	
NODDI MATLAB toolbox	Zhang et al. ⁹⁷	http://mig.cs.ucl.ac.uk/index. php?n=Tutorial.NODDImatlab	

Article



EXPERIMENTAL MODEL AND STUDY PARTICIPANT DETAILS

Participants were preterm infants (GA at birth <33 weeks) and term-born controls recruited as part of a longitudinal cohort study designed to investigate the effects of preterm birth on brain structure and long-term outcome. Recruitment, sampling and MRI acquisition were at the Royal Infirmary of Edinburgh, UK, between 2016 and 2021. The study was conducted according to the principles of the Declaration of Helsinki, and ethical approval was obtained from the UK National Research Ethics Service (South East Scotland Research Ethic Committee 16/SS/0154). Parents provided written informed consent.

Exclusion criteria were death during neonatal period, major congenital malformations, chromosomal abnormalities, congenital infection; infants with overt parenchymal lesions (cystic periventricular leukomalacia, haemorrhagic parenchymal infarction), post-haemorrhagic ventricular dilatation, or contra-indications to MRI were excluded from MRI analyses. Term-born infants who required admission to the NICU were also excluded.

All infants were cared for in the Neonatal unit of the Simpson Center for Reproductive Health, Royal Infirmary of Edinburgh, with standardised feeding, antibacterial and antifungal guidelines. Preterm infants admitted to the NICU in the Simpson Center for Reproductive Health are not routinely administered any pro- or prebiotic supplements. Clinical data was collected from antenatal and neonatal electronic patient records.

Clinical variable definitions Incidence of neonatal sepsis (early or late onset) was defined as detection of a bacterial pathogen from blood culture, or physician decision to treat with antibiotics for ≥ 5 days in the context of growth of coagulase negative *Staphylococcus* from blood or a negative culture but raised inflammatory markers in blood. Necrotising enterocolitis (NEC) was defined as stages II or III according to the modified Bell's staging for NEC which required medical treatment for ≥ 7 days or surgical treatment, respectively. Bronchopulmonary dysplasia (BPD) was defined as the requirement for supplemental oxygen or respiratory support at 36 weeks gestational age. Retinopathy of prematurity (ROP) was defined as requiring treatment with laser therapy or anti-VEGF. Birthweight z-scores were calculated according to International Fetal and Newborn Growth Consortium for the 21st Century (INTERGROWTH-21st) standards for preterm infants.

Antibiotic exposure was assessed by three composite variables: (i) exposure to antibiotics during the first three days of life, (ii) exposure to antibiotics at any other time during the NNU stay, and (iii) proportion (%) of antibiotic exposure days during NNU stay (total number of antibiotic treatment days was divided by the number of days in NNU). The antibiotic treatment for all preterm infants with suspected and confirmed neonatal sepsis conformed to the following principles: babies up to 72 h of age were commenced on benzylpenicillin and gentamicin, babies >72 h of age were commenced on piperacillin/tazobactam and vancomycin. To reduce unnecessary exposure to antibiotics, treatment was stopped after 48 h if blood cultures were negative and the clinician had a low suspicion about infection. Some infants in the cohort were also treated with azithromycin, cefotaxime, co-amoxiclav, flucloxacillin, linezolid, meropenem and metronidazole according to symptoms and diagnostic results.

Daily nutritional intake for preterm infants was collected from birth until discharge. Each day was categorised as consisting of exclusive maternal breast milk feeds, exclusive formula milk feeds, exclusive donor expressed milk feeds, or any combination of these feeding types. Data was available as the sum of each feeding type over the entire duration of NNU stay. As previously, 100,101 exclusive breast milk exposure was defined as the % of inpatient days that infants received exclusive breast milk feeds, which included both maternal and/or donor breast milk. Infants were categorised into two groups based on breast milk exposure: high breast milk exposure was defined as exclusive breast milk feeds for $\geq 75\%$ of inpatient days and low breast milk exposure was defined as exclusive breast milk feeds for <75% of inpatient days.

This research concerns neonates, thus any indications to sex throughout this paper implies the biologically attributable characteristic that was assigned at birth and obtained from neonatal medical records.

METHOD DETAILS

Fecal sample collection and processing

Fecal material was collected from dirty diapers by parents, NICU staff or research team. The samples were frozen at -20° C directly after sample collection prior to transfer to a -80° C freezer in the Queens Medical Research Institute (QMRI, University of Edinburgh) until further analyses; no preservation buffers were used. Fecal material was collected from the first bowel movement (meconium; TP1) from term and preterm infants, and a second fecal sample was collected from preterm infants prior to discharge from the NICU (pre-discharge sample; TP2), which was around TEA. When preterm infants were transferred to another NICU prior discharge, the second sample was collected prior to transfer. A total of 143 meconium (TP1) and 107 pre-discharge samples (TP2) were collected during the study period; 44 preterm infants had both samples obtained.

DNA isolation

The bacterial DNA from fecal samples was extracted at the QMRI as previously described 33,102 involving phenol/bead beating in combination with the Mag Mini DNA Isolation Kit (LGC genomics, Germany). Samples were thawed on ice for as little time as possible to obtain one 10 μ L inoculation loop of raw feces which was added to a 2 mL screwcap tubes containing a mixture of 150 μ L lysis buffer (Mag Mini DNA Isolation Kit, LGC genomics, Germany), 0.1 mm zirconium beads (BioSpec products, USA) in 650 μ L lysis buffer, and 500 μ L of phenol saturated with Tris-HCI (pH 8.0; BioSpec products, USA). The samples were mechanically disrupted



twice for 2 min at 2100 oscillations/minute using a bead beater (BioSpec products, USA). The samples were then centrifuged for 10 min at 5000 rpm at room temperature. Then, the aqueous phase was added to 1300 μ L of binding buffer (Mag Mini DNA Isolation Kit) with 10 μ L magnetic beads (LGC genomics, Germany) in a sterile 1.5 mL Eppendorf tube and incubated for 30 min at room temperature on a thermos shaker (Hettich lab technologies, USA) to allow DNA binding. Subsequently, the supernatant was discarded. The magnetic beads were washed twice with wash buffer 1 (Mag Mini DNA Isolation Kit), once with wash buffer 2 (Mag Mini DNA Isolation Kit), and air-dried for 15 min at 55°C. DNA was eluted in 50 μ L elution buffer. The following adaptions were applied in the standard DNA isolation procedure for TP1 samples due to low DNA yield and interference with extraction protocol: (i) two inoculation loops of feces were used as input material; (ii) lysis buffer volume was increased to 200 μ L; (iii) addition of six 2 mm glass beads (Scientific Laboratory Supplies, UK) for more efficient mechanical sample disruption; (iv) to improve water phase separation, the initial centrifugation was increased to 15 min and an additional centrifugation for 5 min was performed for some samples to improve separation of the aqueous phase; however, when there was little separation of the aqueous layer, more volume from the other layers was included in the next extraction steps; (v) the washing steps were performed with 400 μ L of the buffers; (vi) the DNA was eluted in a final volume of 35 μ L to increase final DNA concentration.

To avoid potential cross-contamination from high-abundant to low-abundant samples, DNA from TP1 and TP2 was isolated on separate days. Each extraction was accompanied by negative (200 µL of lysis buffer) and positive controls (ZymoBIOMICS Microbial Community Standard [Zymo Research, USA] and/or a convenience saliva sample).

The amount of extracted bacterial DNA was determined by quantitative polymerase chain reaction (qPCR) as previously^{77,102} with universal primers and probes targeting the 16S-rRNA gene (forward: 5'-CGAAAGCGTGGGGAGCAAA-3', reverse: 5'-GTTCGTACT CCCCAGGCGG-3', TAMRA probe: 6FAM-ATTAGATACCCTGGTAGTCCA-MGB; Life Technologies, USA).

16S rRNA gene sequencing

Samples that yielded DNA concentration of >0.18 pg/µL were considered for 16S rRNA gene sequencing (Figure S1).

V4 hypervariable region of the 16S rRNA gene was amplified as previously¹⁰³: amplicon libraries were generated by PCR using barcoded primers (515F [5′-GTGCCAGCAGCCGCGGTAA-3′] and 806R [5′-GGACTACCAGG-GTATCTAAT-3′]⁷⁸), using 5μL of DNA as template. Two mock DNA communities (see below) and a non-template control were included in each MiSeq PCR plate and amplified alongside the samples and isolation positive and negative controls.

The DNA mock communities used alongside samples for the amplification of V4 hypervariable region of the 16S rRNA gene were: equimolarly pooled bacterial DNA from eleven species (*Bacteroides fragilis*, *Haemophilus influenzae*, *S. pneumoniae*, *Streptococcus pyogenes*, *Klebsiella oxytoca*, *Klebsiella pneumoniae*, *haemolytic Streptococcus group A*, *Pseudomonas aeruginosa*, *Staphylococcus epidermidis*, *Staphylococcus aureus* and *Moraxella catarrhalis*); and the ZymoBIOMICS Microbial Community DNA Standard (Zymo Research, USA).

The amplified DNA concentration was quantified using Quant-iT PicoGreen dsDNA Assay Kit (Thermo Fisher Scientific, USA) and visualised on gel electrophoresis to ensure successful amplification. The amplicons were pooled at equimolar amounts and purified using a combination of agarose gel purification (GeneJET Gel Extraction and DNA Cleanup Micro Kit) and purification by AMPure XP magnetic beads (Thermo Fisher Scientific, MA, USA).

As previously,¹⁰³ 16S rRNA gene sequencing was performed using the MiSeq Reagent Kit v2 on the Illumina MiSeq platform (Illumina, USA). Sequencing was performed by Edinburgh Genomics (University of Edinburgh, UK) on a total of 191 samples, 23 negative and 18 positive controls in one run.

Bioinformatic processing and quality control of 16S rRNA sequences

16S rRNA gene sequencing data processing was performed in R (version 4.2.1)¹⁰⁴ as previously described.¹⁰⁵ Paired-end raw reads were filtered and trimmed (maxEE = 2; truncLen = 200/150 bp for forward and reverse reads, respectively), merged, denoised, chimera filtered and binned into ASVs using the DADA2 (version 1.16.0) in R.⁷⁹ Taxonomy was assigned using the DADA2 implementation of the naive Bayesian classifier using the Silva v138.2 reference database.⁷⁶ Species-level annotations were added using the *addSpecies* function. ASVs not assigned to the kingdom Bacteria or assigned to the family Mitochondria or class Chloroplast were removed.

Contamination was assessed using *decontam* package in R⁸⁰ (*isContaminant* function, "combined" method, default parameters), combined with manual inspection of putative contaminating ASVs. Using *decontam*, DNA extraction blanks were used as negative controls and values from 16S qPCR were used for the measure of DNA concentrations. To ensure the accuracy of the method, these contaminant ASVs (n = 72) were carefully inspected by plotting the 16s qPCR DNA concentration data against the relative abundance. Second, in order to exclude ultra-rare taxa from the final dataset, the ASV table was filtered by removing ASVs that were identified at a relative abundance of <0.1% and present in less than two samples.¹⁰⁶ Thereafter, the remaining list of ASVs were crossmatched to those taxa identified as contaminants by Salter et al.¹⁰⁷ These ASVs were manually inspected by plotting the 16s qPCR DNA concentration data against the relative abundance per isolation batch. Contaminant species were defined as ASVs abundant only in the lowest density samples in each isolation and/or only in isolation blanks. These additional contaminant ASVs (n = 27) were then additionally removed from the raw ASV list after which filtering of the ultra-rare taxa was repeated. After excluding contaminating and ultra-rare taxa, the number of remaining reads per sample was investigated. Samples that had a final read count of less than 5000 (n = 8) were excluded from the final dataset; these 8 samples also had >70% of the reads removed during the decontamination



process, suggesting the remaining reads may not reliably represent the community composition. Duplicate samples (n = 4) were also excluded from the final dataset. These quality control steps removed a mean of 3.75% of the raw reads from the dataset. Following data quality control, the 16S-based sequencing produced a mean of 35416 reads (range 7534–109456) per sample. The ASV table contained 174 ASVs.

In the final analytic sample, all participants with TP2 samples and 70/136 (51.5%) TP1 samples were included (Figure S1). Included participants with TP1 samples were more likely obtained from preterm participants and were thus collected at a later gestational and postnatal age.

Metagenomic shotgun sequencing and bioinformatic processing

Samples with 16S qPCR concentration >0.8 $ng/\mu l$ (n = 121) alongside three saliva positive controls and eight isolation negative controls were considered for shotgun metagenomic sequencing at Novogene facility (Novogene Co., Ltd, Cambridge, UK). Sequencing was performed on the NovaSeq 6000 platform (Illumina) with a read length of 150-bp paired-end reads producing 9G raw data per sample. Shotgun sequencing failed for all negative controls, indicating absence or very low abundance of biological material, and one biological sample from TP1.

Data pre-processing and annotation was performed by Edinburgh Genomics. Whole metagenome shotgun sequencing produced a mean of 37410649 (range 2512236–81101422) raw reads per sample. The raw reads were cleaned using cutadapt (v3.5). Adapters were removed, reads were cut when the quality dropped below 30, and reads shorter than 50 bases were removed. Reads belonging to the host were removed by bowtie2 (v2.4.1)^{84,85} using Homo Sapiens (GRCh38) as a reference. Files sequenced on multiple lanes but belonging to the same sample were merged into single forward and reverse files.

Taxonomic profiling was performed using MetaPhlAn (v3.1)⁸⁶ with the standard database (mpa_v31_CHOCOPhlAn_201901). Functional profiling was performed using HUMAnN (v3)⁸⁶ with the default chocophlan (chocophlan.v201901_v31) and the uniref. 90 databases (uniref. 90_annotated_v201901b). As MetaPhlAn and HUMAnN do not use paired information of reads, all reads of a sample were merged into a single file and used for taxonomical/functional assignment. As shotgun metagenomic sequencing was performed on higher density samples, the relative contribution of potentially contaminant taxa is smaller, thus, no further quality controls/decontamination on species/functional level were performed. Functional gene families data were grouped to KOs using the *humann_regroup_table* function, both for community-level totals and species-stratified gene families. The KO abundance data table was total-sum-scaled (TSS) to relative abundances using the *humann_renorm_table* function; the unmapped and ungrouped reads were taken into account for TSS-normalisation, but excluded from downstream statistical analyses. From the normalised KO table we computed GMMs⁸⁸ and GBMs⁴⁷ using the omixer-rpmR library⁸⁷ using the default settings for both community and taxon-stratified levels. Shotgun sequencing dataset contained a total of 223 species, 94 GMMs, and 43 GBMs.

Magnetic resonance imaging data acquisition

Infants were scanned at TEA at the Edinburgh Imaging Facility, Royal Infirmary of Edinburgh, University of Edinburgh, UK, using a Siemens MAGNETOM Prisma 3T MRI clinical scanner (Siemens Healthcare, Erlangen, Germany) and a 16-channel phased-array pediatric head coil in natural sleep as previously described. ¹⁰⁸ Each acquisition was inspected contemporaneously for motion artifact and repeated if there had been movement but the baby was still sleeping; diffusion MRI acquisitions were repeated if signal loss was seen in three or more volumes.

MRI acquisition protocols are detailed in the study protocol paper.²⁹ The following sequences were used in this study: a T2-weighted (T2w) sampling perfection with application optimised contrasts by using flip angle evolution (SPACE) structural scan (repetition time [TR] = 3200 ms, echo time [TE] = 409 ms, acquisition plane = sagittal, voxel size = 1 mm isotropic, FOV = 128 mm, acquisition time = 2:13 min), and a multishell axial diffusion MRI (dMRI) scan. dMRI was acquired in two separate acquisitions to reduce the time needed to reacquire any data lost to motion artifacts: the first acquisition consisted of 8 baseline volumes (b = 0 s/mm² [b0]) and 64 volumes with b = 750 s/mm²; the second consisted of 8 b0, 3 volumes with b = 200 s/mm², 6 volumes with b = 500 s/mm² and 64 volumes with b = 2500 s/mm² (acquisition time = 4:29 + 5:01 min). An optimal angular coverage for the sampling scheme was applied.¹⁰⁹ In addition, an acquisition of 3 b0 volumes with an inverse phase encoding direction was performed (acquisition time = 0:28 min). All dMRI images were acquired using single-shot spin-echo echo planar imaging (EPI) with 2-fold simultaneous multislice and 2-fold in-plane parallel imaging acceleration and 2 mm isotropic voxels; all three diffusion acquisitions had the same parameters (TR/TE 3400/78.0 ms).

Structural images were reported by a pediatric radiologist with experience in neonatal MRI (AJQ). Images with evidence of post-haemorrhagic ventricular dilatation, cystic periventricular leukomalacia or central nervous system malformation were excluded from subsequent analysis.

Imaging data pre-processing

Details on dMRI processing have been previously published using MRtrix393 and FMRIB Software Library (FSL). He reach subject, the two dMRI acquisitions were first concatenated and then denoised using a Marchenko-Pastur-PCA-based algorithm dedy current, head movement and EPI geometric distortions were corrected using outlier replacement and slice-to-volume registration the bias field inhomogeneity correction was performed by calculating the bias field of the mean b0 volume and applying the



correction to all the volumes. ¹¹⁵ The structural images were processed using the minimal processing pipeline of the developing Human Connectome Project (dHCP)⁹⁶ to obtain the bias field corrected T2w, brain mask, tissue segmentation and the different tissue probability maps. The mean b0 EPI volume of each subject's dMRI acquisition was co-registered to their structural T2w volume using boundary-based registration using FMRIB's Linear Image Registration Tool (FLIRT). ¹¹⁶

From the diffusion images we calculated the DTI (FA, RD) and NODDI (NDI, ODI and ISO) maps. The DTI model was fitted in each voxel using only the b = 750 s/mm² shell. NODDI maps were calculated using all shells and the recommended values of the parallel intrinsic diffusivity for neonatal brain tissues^{97,117} using the original NODDI MATLAB toolbox (http://mig.cs.ucl.ac.uk/index.php? n=Tutorial.NODDImatlab).

Selection of image features

Volumes

We calculated the volumes of the total tissue, cortical gray matter, deep gray matter, white matter, cerebellum, and the ventricles from the tissue parcellation obtained from the dHCP pipeline. ⁹⁶ For cortical gray matter, deep gray matter, white matter and the cerebellum both raw and relative (i.e., normalised to total tissue volume) volumes were obtained to quantify absolute growth of the tissues as well as that relative to total brain growth, respectively.

Gray matter microstructure

For cortical and deep gray matter and the cerebellum, the mean DTI and NODDI metrics were calculated, using the recommended value for the parallel intrinsic diffusivity for neonatal gray matter (1.25 μ m²/m) for NODDI map calculations. ¹¹⁷ For the cortex, mean gyrification index, thickness, sulcal depth, curvature and surface area as measures of cortical complexity/morphometry were also calculated. ⁹⁶

White matter microstructure

To capture global white matter dysmaturation, we segmented 16 major tracts and derived general factors (g-factors) for each of the DTI and NODDI metrics as described previously. ¹⁰⁸ The only difference with the previous work was that the tracts were brought from ENA50 neonatal template space to native space via registration of the FA maps to ENA50 FA template using rigid, affine and symmetric normalization (SyN) implemented in Advanced Normalization Tools. ⁹⁵ For the tracts, the NODDI metrics were calculated using the recommended values of the parallel intrinsic diffusivity for neonatal white matter (1.45 μm²/ms). ¹¹⁷

For contextualisation of the image features, we performed linear regression modeling for each neuroimaging feature as the outcome and GA at birth and at scan as the predictors (Table S8). Representative brain maps are provided in Figure S5.

QUANTIFICATION AND STATISTICAL ANALYSIS

All statistical analyses were performed in R 4.2.1.¹⁰⁴ Visualisations were plotted using the *ggplot2*, ⁹² *ggpubr*¹¹⁸ and *cowplot*¹¹⁹ packages. Where necessary, distribution of variables and regression diagnostic plots were visually inspected to ensure approximate conformation to assumptions; normal distribution was additionally assessed using Shapiro-Wilk's test. P-values from statistical tests were adjusted for multiple comparisons using the Benjamini-Hochberg method¹²⁰ separately within each analysis type, producing q-values (see details within each subsection).

Beta diversity and PERMANOVA

Beta diversity was calculated as the Bray-Curtis dissimilarity¹²¹ matrix based on the TSS-normalised (i.e., relative abundances) ASV, species and functional GMMs tables using *vegdist* function (*vegan* package⁸²). PERMANOVA, modeled by *adonis2* (*vegan* package⁸²) with 1000 permutations, was used to identify differences in overall bacterial community composition. Separate PERMANOVAs were performed for all pairwise comparisons for the different sample types and timepoints; when comparing TP1 vs. TP2 composition within preterm infant group we adjusted for repeated measures by constraining the permutations within participant (strata = participant ID). To assess the effects of perinatal covariates, univariable analyses were conducted for each covariate, separately for the timepoints; *p*-values were adjusted for multiple comparisons across the models. Results with q-value <0.1 were considered as statistically significant and followed up using differential abundance testing.

For visualisation purposes (Figure 1A and Figure S2A), we applied hierarchical clustering (*hclust* function) on the ASV- and species-level Bray-Curtis dissimilarity matrices. Calinski-Harabasz and Silhouette width indices were used to determine whether average (ASV data) or complete (species data) linkage was optimal for the different datasets.

Ordination

Principal Coordinates Analysis (PCoA) was performed on the ASV-level Bray-Curtis dissimilarity matrix using the function *pcoa* (ape package⁸⁹). Cailliez transformation was applied to correct for negative eigenvalues. The scree plot of the eigenvalues alongside with proportion of variance explained were inspected to determine the optimum number of coordinates to extract. For taxonomic and functional interpretation of the main axes of variance (i.e., the extracted PCo-s), Spearman correlation coefficients were calculated between the PCo scores and the relative abundances of the ASVs, species, GBMs and GMMs.

Article



Species contribution to gut-brain modules

To understand which bacterial species contribute to the calculated gut-brain modules, ⁴⁷ we took two approaches. First, we calculated Spearman rank correlation coefficients between the relative abundances of the gut-brain modules and 25 most abundant species in the dataset. Second, we plotted the relative abundance of the gut-brain modules stratified by species. The latter approach illustrates the extent to which a species' genes could be attributed to a gut-brain module.

Alpha diversity

Shannon index and the number of observed ASVs were calculated using the *estimate_richness* function (*phyloseq* package ⁸¹). These indices were calculated based on the ASV table after removal of contaminant taxa but before filtering of the ultra-rare taxa. This full ASV table was rarefied to the minimum sequencing depth (10200 reads before filtering of ultra-rare taxa) using *rarefy_even_depth* function. Linear mixed effects modeling (*lmer* function within package *lmerTest*, ⁹⁰ Satterthwaite's method) was used to assess differences in alpha diversity indices between the sample types and timepoints, fitting participant ID as a random effect to adjust for repeated measures. For observed ASVs, the assumption of normal distribution of model residuals was violated and therefore the values were log₁₀-transformed. Post-hoc analyses were conducted using the package *emmeans*. ⁹¹ P-values were adjusted for multiple comparisons for the main effects across the models for the two alpha diversity indices, and separately for the three pairwise comparisons. We then assessed the associations between perinatal covariates and alpha diversity indices in preterm infants at the two timepoints. We calculated Spearman correlation coefficients for the associations between continuous variables and alpha diversity indices; t-tests (TP2) and Wilcoxon rank-sum tests (TP1) were applied to test for the differences in alpha diversity indices between groups of infants based on categorical variables. P-values were adjusted for multiple comparisons separately for the time-points. Covariates with q-value <0.1 in univariable models were followed up with multivariable linear regression modeling including all covariates to adjust for the potential confounding effects between the variables.

Associations between gut microbiota and brain MRI features Baseline linear regression models

First, the microbiota features (PCo-s and alpha diversity indices) were adjusted for GA at sample collection by fitting a linear model of each feature on GA at sample collection and retaining the residuals. We adjusted for sampling age in this manner rather than using it as a covariate in the model with the brain MRI feature as the outcome to avoid spurious correlations between GA at microbiota sampling and brain MRI features. Then, a linear regression model was performed for each residualised microbiota feature as the predictor, each MRI feature as the outcome, and GA at birth and at scan added as covariates. All values were scaled (z-transformed) before fitting the models, resulting in standardised regression coefficients. P-values were adjusted for the FDR across all models separately for volumetric and microstructural/cortical morphometric MRI features. Due to the exploratory nature of the study and given the correlated nature of the neuroimaging measures, results with q-value <0.25 were considered as noteworthy and investigated further in sensitivity and post-hoc differential abundance analyses. FDR correction of the *p*-values provides a balance between type I and type II errors; 0.25 is the default threshold in MaAsLin2 and there is precedence of using this cut off in microbiota-brain/behavior studies.^{70,123}

To quantify the variance in each brain imaging metric accounted for by the microbiota PCo-s or diversity indices, the incremental R^2 was calculated as the difference between the multiple R^2 of each model with that from the null model including only the covariates (GA at birth and at scan) as predictors. We used analysis of variance (ANOVA) to test whether the baseline model with the microbiota feature as the predictor fit the data significantly better compared to the null model.

Covariate identification and adjustment (sensitivity analyses)

The clinical variables that were significantly (q-value <0.1) associated with microbiota alpha- or beta-diversity at TP2 on ASV-level (sex, birthweight Z score, antibiotics >72h of life, and NEC) were tested for associations with brain MRI features. Two-sample t-tests were used to compare the means of normally distributed continuous features between the groups of the categorical covariates; Wilcoxon rank-sum tests were applied to compare differences in non-normally distributed MRI features; Spearman correlation analysis was used to test for significant associations between birthweight Z score and MRI features. Variables that were nominally significantly (p < 0.05) associated with at least one of the brain MRI features were added as covariates in the fully adjusted model. These variables were: birthweight Z score, sex and NEC. Only three infants in the sample were diagnosed with NEC, thus, instead of adding this variable as a covariate, a sensitivity analysis was performed excluding infants with NEC.

Differential abundance testing

MaAsLin2⁴⁶ was used to identify bacterial ASV, species and functional capacity biomarkers associated with factors of interest. We applied TSS-normalisation prior to MaAsLin2 modeling. As by default in the method, we considered results with q-values <0.25 as statistically significant.

In analyses assessing the associations between bacterial abundance and perinatal covariates, models were performed separately for the two timepoints. We tested for the effects on ASVs (16S) and species (shotgun) that were present with at least 1% of abundance (min_abundance = 0.01) in at least 5% of samples (min_prevalence = 0.05); the normalisation method within MaAsLin2 was set to "none"; all other arguments were used as by default. Baseline analyses at TP1 were adjusted for postnatal age at sample. Baseline models at TP2 were adjusted for the degree of prematurity (GA group; very vs. extremely preterm) and GA at sample collection. At



TP1 we didn't adjust for GA at birth given the lack of statistically significant association in univariable PERMANOVA; at TP2 we adjusted for GA at sample collection instead of postnatal age given the high collinearity between GA at birth and postnatal age. In fully adjusted models, all clinical variables were tested simultaneously. For species, an additional model was performed for TP1 samples including labor antibiotics in the model.

To identify ASVs, species and GBMs associated with brain imaging features, MaAsLin2 was conducted for those brain MRI features that were significantly (q-value <0.25) associated with any of the microbiota feature in the baseline models. MaAsLin2 reverses predictors and outcomes compared to PCo-based analyses, thus, to achieve alignment of the MaAsLin2 models with the initial baseline regression model, we first adjusted the brain MRI features for GA at birth and at scan by fitting a linear model of each feature on GA at birth and at MRI, retaining the residuals. These residuals were then used independently as the predictors in the MaAsLin2 models, including GA at fecal sample collection as a covariate. Due to the relatively small sample size in comparison with the number of bacterial taxa, in all analyses, we tested for effects on ASVs and species that were present with at least 1% of abundance in at least 10% of samples; other arguments were as specified above; for GBMs, the default MaAsLin2 parameters were used.

Reporting summary

We followed the Strengthening The Organization and Reporting of Microbiome Studies (STORMS) checklist¹²⁴ in describing the methodology and reporting results.