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# CD126<sup>hi</sup> umbilical cord mesenchymal stem cells sensitive to IL-6 ameliorate inflammatory bowel disease by producing TGF-\(\beta\)1



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### **Abstract**

**Background** Human umbilical cord mesenchymal stem cells (HUMSCs) are effective therapies for inflammatory bowel disease. However, the mechanisms remain unresolved. We found HUMSCs express CD126 (IL-6 receptor), which indicated CD126 sub-populations might show a distinct response to inflammation. In the present study, we explored whether CD126 is a critical molecule for HUMSCs in regulating inflammation.

**Methods** We assessed the regulatory effects of CD126 high (CD126<sup>hi</sup>) on the T lymphocyte subpopulations and related cytokines in the dextran sulfate sodium (DSS)-induced colitis model. The effect of CD126<sup>hi</sup> was evaluated by Hematoxylin and Eosin (H&E) staining, fluorescence-activated cell sorting (FACS), and enzyme-linked immunosorbent assay (ELISA) analyses. Statistical significance was typically determined using Student's t-test or one-way analysis of variance (ANOVA) with Tukey test.

**Results** The disease symptoms were markedly ameliorated and the interleukin-6 (IL-6), interleukin-17 (IL-17), interferon- $\gamma$  (IFN- $\gamma$ ), Tumor necrosis factor- $\alpha$  (TNF- $\alpha$ ), and interleukin-4 (IL-4) levels were significantly reduced in DSS-treated mice administered with CD126<sup>hi</sup> HUMSCs but not in DSS-treated mice administered with CD126 low (CD126<sup>lo</sup>) HUMSCs. Intriguingly, CD126<sup>hi</sup> HUMSCs significantly increased the levels of transforming growth factor- $\beta$  (TGF- $\beta$ 1) and interleukin-10 (IL-10) in DSS-treated mice, accompanied by an increase in regulatory T cells (Treg cells). In vitro experiments showed that CD126<sup>hi</sup> HUMSCs secreted TGF- $\beta$ 1 in response to IL-6 stimulation, while CD126<sup>lo</sup> HUMSCs were latent in the inflammatory environment. We considered that TGF- $\beta$ 1 secreted by CD126<sup>hi</sup> HUMSCs regulated the balance of Treg cells and thus promoted the recovery of murine colitis.

**Conclusion** Our results revealed a mechanism wherein CD126<sup>hi</sup> HUMSCs function as inflammatory sensors and secrete anti-inflammatory cytokines to rebalance the population of T cells. This study shed light on the potential therapeutic application of CD126<sup>hi</sup> HUMSCs for inflammatory diseases such as inflammatory bowel disease.

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Keywords Inflammatory bowel disease, Human umbilical cord mesenchymal stem cells, Inflammation, T helper cells

### **Background**

Inflammatory bowel disease (IBD), including Crohn's disease (CD) and ulcerative colitis (UC), is a multifactorial disease characterized by chronic inflammation of the intestine, abdominal pain, and diarrhea. The etiology of IBD is attributed to several factors [1]. Generally, it is believed that CD is associated with an abnormal Type 1 T helper cell (Th1 cell)-mediated response, whereas UC is associated with an atypical Th2 cell-mediated response [2]—[3]. In particular, UC is characterized by mucosal T-cell dysfunction, inflammatory cell infiltration, and abnormal production of proinflammatory cytokines [4].

Although the incidence rate of IBD is increasing worldwide, an adequate treatment approach remains to be developed. Therefore, novel therapeutic strategies, such as cell therapy, are required to improve treatment efficiency and reduce treatment-related side effects [5]. Therapies based on mesenchymal stem cells (MSCs) have provided convincing evidence for treating various inflammatory and autoimmune diseases with potential anti-inflammatory and immunomodulatory effects [6, 7]. Many studies have demonstrated that MSCs can effectively alleviate DSS-induced colitis in mice, systemic lupus erythematosus nephritis, and graft-versus-host disease [8–10]. Currently, MSCs have been used in more than 100 clinical trials worldwide to treat a wide range of diseases. Favorable data from clinical studies indicate that treatment of IBD patients with autologous or allogenic MSCs significantly reduced the disease activity index (DAI) and had no adverse effects [11].

Although MSCs show promising results and their safety has been confirmed, several issues regarding the mechanisms of MSCs after administration remain unresolved. A potential mechanism is that MSCs migrate to the inflammation site, where they regulate the function of immune cells [12]. Previous studies have shown that MSCs suppress macrophage activation [13]; regulate activation and proliferation of T lymphocytes (T cells), B lymphocytes (B cells), and natural killer cells (NK cells); inhibit dendritic cells (DC) maturation; and promote the generation of regulatory T cells (Treg cells) [14-17]. Treg cells, which are important in regulating immune responses by selectively suppressing effector T cells, are considered to play a critical role in maintaining gut homeostasis and limiting intestinal inflammation [18]. At the molecular level, MSCs reduce the levels of proinflammatory cytokines, including IFN-γ, TNF-α, IL-6, and IL-4, but increase the levels of anti-inflammatory cytokines such as TGF-β1 and IL-10. Interestingly, MSCs express CD119 (IFN-γ receptor), CD120 (TNF-α receptor), CD126 (IL-6 receptor), CD124 (IL-4 receptor), and LAP (TGF- $\beta$  receptor) on their cell surface [19]. This finding indicated that MSCs might play a role in regulating inflammation through some inflammatory cytokine signaling pathways.

Through flow cytometry analysis, we found that HUM-SCs expressed low level of CD120, CD124 and LAP, but the expression of CD126 was much higher, which indicated CD126 sub-populations might show a distinct response to inflammation. This can also explain why HUMSCs have dual effects of anti-inflammatory and immune regulation. In the present study, we explored whether CD126 is a critical molecule for MSCs in regulating inflammation. We found that CD126<sup>hi</sup> HUMSCs show therapeutic potential for treating DSS-induced colitis in C57BL/6J mice.

### **Materials and methods**

### **Animals**

Healthy C57BL/6J mice were obtained from Vital River Laboratories (Beijing, China). The mice were maintained in a pathogen-free room and fed an autoclaved pellet diet and water ad libitum. All mice were housed in isolated ventilated cages (six mice per cage) with a barrier facility at Tsinghua University. The mice were maintained on a 12-h light/dark cycle at 22-26 °C with sterile pellet food and water ad libitum. The laboratory animal facility has been accredited by AAALAC (Association for Assessment and Accreditation of Laboratory Animal Care International), and the IACUC (Institutional Animal Care and Use Committee) of Tsinghua University approved all animal experimental protocols used in this study (No. 2020-3-20). All efforts were made to minimize the number of animals used in the experiments and to reduce their suffering.

### Cell cultures

Human umbilical cord mesenchymal stem cells (HUM-SCs) were cultured in high-glucose Dulbecco's modified Eagle's medium (Gibco, Grand Island, NY) supplemented with 2 mM L-glutamine, 5% fetal bovine serum (FBS, Gibco), 100 U/mL penicillin and 100 μg/mL streptomycin (P/S, Gibco), and cytokines (epidermal growth factor, basic fibroblast growth factor, platelet-derived growth factor, and insulin-like growth factor) [5]. The cultures were maintained at 37 °C in a humidified atmosphere with 5% CO<sub>2</sub>. Adherent spindle-shaped cells were cultured to 80% confluence, trypsinized using 0.25% trypsin (Gibco, Grand Island, NY), and passaged in the medium as described above.

### Immunophenotypic analysis of HUMSCs

To determine the expression of classical MSC markers, the cells were analyzed by flow cytometry by using antihuman antibodies against CD44, CD45, CD90, CD105, HLA-DR (human leukocyte antigen-DR), and CD126 (supplied by eBioscience or Biolegend, USA).

### **Colitis induction**

Experimental colitis was induced by feeding mice with 3.5% (wt/vol) DSS (MP Biomedicals United States, Solon, OH, USA) in sterile drinking water for 6 days [5]. One day before DSS treatment, mice were randomly assigned to four groups (n = 6 per group). MSCs group was administered intravenously with 2×10<sup>6</sup> CD126<sup>hi</sup> or CD126<sup>lo</sup> cells in 200  $\mu$ L PBS per mouse (n=6), DSS group was administered with 200  $\mu$ L PBS alone (n = 6) on days 1, 3, and 5. Healthy mice fed with a normal diet and sterile water were used as the control group. Stool consistency, fecal bleeding, and weight loss were used to evaluate colitis severity [20]. The entire colon was removed, and its length was measured at the end of the experiment. Colonic tissues were then fixed with 4% formaldehyde overnight and then transferred to 75% ethanol. The tissues were then embedded in paraffin, and longitudinal sections of the entire colon were prepared for histological studies.

### In vivo evaluation of intestinal permeability

Intestinal permeability was assessed by fluorescein isothiocyanate (FITC)-labeled dextran method as reported previously [21]. Briefly, 6 days after DSS treatment, mice (n = 6 per group) were gavaged with FITC-dextran (molecular weight, 4000 Da; Sigma-Aldrich, Inc., St. Louis, MO, USA) at the concentration of 60 mg/100 g body weight. Blood was collected at 4 h after FITC-dextran gavage. The serum FITC-dextran level was measured with a fluorescence spectrophotometer (emission and excitation wavelengths: 485 and 530 nm, respectively).

### Measurement of cytokine levels

At the end of the experiment, mice were anesthetized with pentobarbital sodium, and their blood samples were collected (n=6 per group). The serum levels of TNF- $\alpha$ , IFN- $\gamma$ , IL-4, IL-17, IL-10, and TGF- $\beta$ 1 were detected using mice ELISA kits (eBioscience, San Diego, CA, USA) in accordance with the manufacturer's instructions.

### Analysis of colonic macrophages

To isolate lymphocytes, the entire colon was taken out from the mice's body, and the mesentery, Peyer's patches, and fat content were removed. The colon was then placed in a medium (Roswell Park Memorial Institute [RPMI] 1640, 10% Fetal Bovine Serum [FBS], 1% Penicillin-Streptomycin [P/S] solution, 5 mM Ethylenediaminetetraacetic

acid [EDTA], and 20 mM 4-(2-Hydroxyethyl)-1-piper-azineethanesulfonic acid [HEPES]) and shaken in an incubator at 190 rpm and 37 °C for 30 min to wash off the epithelial cells. The remaining tissue was minced and digested with 10 U/mL collagenase CLISPA (Worthington Biochemical) and 0.1 mg/mL DNase I at 37 °C for 40 min. Subsequently, heavy-density cells were purified in 40% Percoll (Sigma, Inc., St. Louis, MO, USA) by centrifugation for 10 min at 800 g.

### Quantification of secreted factors

Trophic factors secreted by MSCs are considered the most likely mechanisms for their therapeutic activity [22]. TGF- $\beta$ 1 and IL-10 secretion by HUMSCs was assessed by commercial ELISA kits (eBioscience, San Diego, CA, USA) under the manufacturer's instructions.

### RNA sequencing (RNA-seq) analysis

Differential genes were identified using the Voom algorithm in LIMMA package and EdgeR; after adjusting the false discovery rate, the genes were considered to show significantly differential expression if the adjusted p-value was < 0.05, with a > 2-fold change in the expression level. The differential genes were categorized into upregulated and downregulated gene sets and analyzed for significant pathway enrichment against the KEGG pathway database with an adjusted p value of < 0.05 using the GOseq tool.

### Statistical analysis

All the experiments were repeated at least three times. All data are expressed as mean  $\pm$  SD. Differences between two groups or more than two groups were compared by Student's t-test or one-way analysis of variance (ANOVA) with Tukey test, respectively. GraphPad Prism version 5.0 (GraphPad, San Diego, CA, USA) was used for statistical analysis. Differences were considered statistically significant at p < 0.05.

### Results

## Isolation and characterization of HUMSCs with high expression of CD126 (CD126 $^{\rm hi}$ ) and low expression of CD126 (CD126 $^{\rm lo}$ )

Human umbilical cord mesenchymal stem cells (HUM-SCs) not only express stem cell markers but also express CD120 (TNF- $\alpha$  receptor), CD124 (IL-4 receptor), CD126 (IL-6 receptor) and LAP (TGF- $\beta$  receptor). As the percent of CD120, CD124 and LAP was low (less than10%), but the percent of CD126 was much higher (about 50%), we speculated that CD126 sub-populations of HUM-SCs might show a distinct response to inflammation. By performing flow cytometry analysis, we segregated CD126<sup>hi</sup> HUMSCs from CD126<sup>lo</sup> HUMSCs. Interestingly, CD126 expression remained constant in different generations of HUMSCs. In the 5th, 10th, 15th, and 20th

generations, the expression of CD126 were 54.6%, 50.3%, 52.5% and 47.6%, respectively (Fig. 1A). Moreover, cells from these two subpopulations exhibited similar features of stemness as determined by the expression of markers CD105, CD90, CD29, and CD44 (Fig. 1B). Additionally, the expression rates of CD45 in CD126hi and CD126lo HUMSCs were 0.8% and 0.5%, respectively (Fig. 1C, the first panel). Both CD126hi and CD126lo HUMSCs showed almost no immune rejection features as the expression of HLA-DR was 0.1% and 0.3%, respectively (Fig. 1C, the last panel). After the cells were sorted using a fluorescent-activated cell sorter (FACS) with anti-IL-6R antibodies, we obtained almost unique populations of CD126hi (98.5%) and CD126lo (1%) HUMSCs (Fig. 1D).

### Effects of CD126<sup>hi</sup> and CD126<sup>lo</sup> HUMSCs on DSS-induced colitis

To compare the therapeutic effects of CD126hi and CD126lo HUMSCs on inflammation regulation, we used DSS-induced colitis mice treated with different HUM-SCs (n = 6 per group). The intravenous administration of 2×106 CD126hi HUMSCs significantly prevented body weight loss (Fig. 2A, purple line) and reduced the DAI (Fig. 2B, purple line) in DSS-treated mice. In contrast, the administration of the same number of CD126lo HUM-SCs showed less effects on the recovery of body weight loss (Fig. 2A, blue line) and DAI reduction (Fig. 2B, blue line). Colonic structure analysis indicated that CD126hi HUMSCs rescued the colon length shortened by DSS treatment; however, CD126lo HUMSCs almost lost the ability to recover the colon length (Figs. 2C-D). CD126hi HUMSCs, but not CD126lo HUMSCs, drastically decreased colonic permeability (Fig. 2E). FACS analyses revealed that CD126hi HUMSCs remarkably repressed macrophage proliferation in the colon; however, CD126lo HUMSCs showed an impaired ability to reduce the number of macrophages (Fig. 2F). Consistent with alterations in colonic length and permeability, the histological structure of colonic crypts was destroyed by DSS treatment but almost recovered to the normal state by CD126hi HUMSCs (Fig. 2G). However, the intravenous administration of the same dose of CD126lo HUMSCs had little effect on the recovery of colonic crypts (Fig. 2G, last image). These results suggest that the therapeutic effects of HUMSCs on DSS-induced colitis may be mainly due to the presence of CD126<sup>hi</sup> cells.

### CD126<sup>hi</sup> HUMSCs alleviate DSS-induced colitis by regulating immune cells and inflammatory cytokines

To further understand how CD126<sup>hi</sup> HUMSCs recovered DSS-induced colitis, we determined the effect of CD126<sup>hi</sup> HUMSCs and CD126<sup>lo</sup> HUMSCs on several immune cells, including neutrophils, B cells, T cells, T helper cells (Th1, Th2, and Th17 and Treg cells) by flow cytometry.

No significant differences were observed in the percentage of blood neutrophils, B cells, and T cells (Figs. 3A-C); however, the proportion of CD4 was higher in CD126hi HUMSCs-treated mice than in CD126lo HUMSCstreated mice (Fig. 3D). CD126hi and CD126lo HUMSCs decreased the percentages of Th1, Th2, and Th17 cells in the spleens of DSS-treated mice (Figs. 3E-G). However, mice treated with CD126hi HUMSCs showed a lower proportion of Th17, Th2, and Th1 cells than those treated with CD126lo HUMSCs (Fig. 3E-G, 3rd and 4th columns). We concluded that CD126hi HUMSCs had a better effect on inhibiting the proliferation of proinflammatory T cells than CD126lo HUMSCs. Additionally, the proportion of Tregs was significantly elevated by CD126hi HUMSCs but not by CD126lo HUMSCs (Fig. 3H). These findings suggest that the different therapeutic effects between CD126hi and CD126lo HUMSCs may result from their different effects on the regulation of T cell subsets.

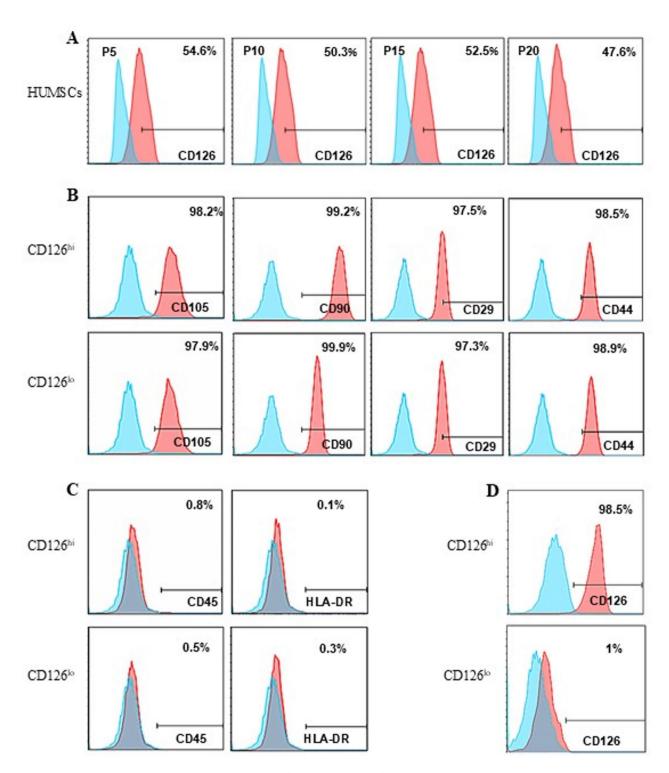
We then investigated whether CD126<sup>hi</sup> HUMSCs and CD126<sup>lo</sup> HUMSCs showed different effects on the production of inflammatory cytokines in colitis mice (n=6 per group). CD126<sup>hi</sup> MSCs reduced TNF- $\alpha$  production induced by DSS; however, CD126<sup>lo</sup> HUMSCs showed a retarded effect (Fig. 4A). Intriguingly, CD126<sup>hi</sup> HUMSCs but not CD126<sup>lo</sup> HUMSCs decreased the levels of IFN- $\gamma$ , IL-4, and IL-17 (Figs. 4B-D). In contrast, TGF- $\beta$ 1 and IL-10 levels in DSS-treated mice were markedly increased by CD126<sup>hi</sup> HUMSCs but not by CD126<sup>lo</sup> HUMSCs (Figs. 4E-F). These results indicate that CD126<sup>hi</sup> HUMSCs promote the production of anti-inflammatory cytokines and reduce the levels of proinflammatory cytokines.

Taken together, these results suggest that the antiinflammatory effect of  $CD126^{hi}$  HUMSCs on DSSinduced colitis is mainly due to alterations in the proportions of macrophages and T cell populations and the production of their cytokines.

### Effect of CD126hi HUMSCs on the proliferation and differentiation of macrophages and T cells

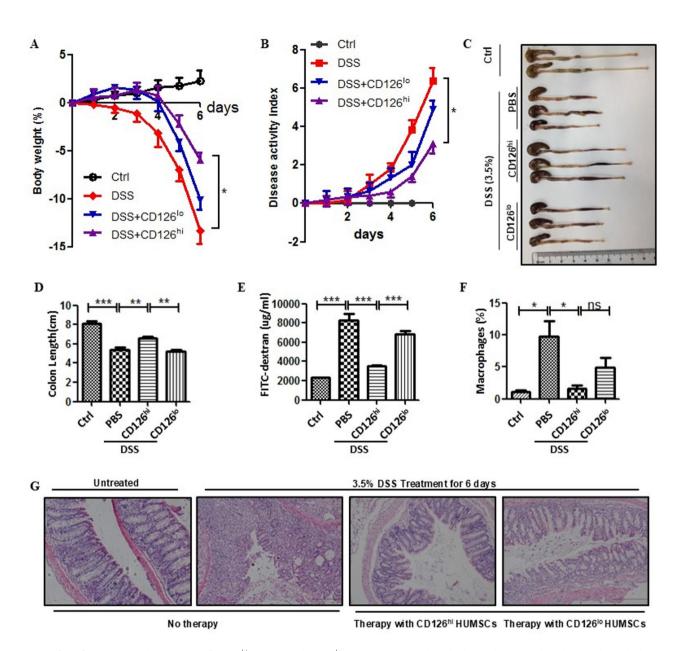
To assess the role of CD126<sup>hi</sup> HUMSCs and CD126<sup>lo</sup> HUMSCs on both macrophage and T cell populations, we examined cell proliferation and differentiation ability in vitro. First, we determined the effect of HUMSCs on macrophages by co-culturing bone marrow-derived macrophages with CD126<sup>hi</sup> HUMSCs and CD126<sup>lo</sup> HUMSCs. CD126<sup>hi</sup> HUMSCs strongly repressed M1 macrophages and promoted M2 macrophage differentiation when compared with CD126<sup>lo</sup> HUMSCs in vitro (Figs. 5A-B). However, CD126<sup>hi</sup> HUMSCs and CD126<sup>lo</sup> HUMSCs with or without IL-6 stimulation showed no significant differences in the extent of macrophage phagocytosis (Fig. 5C).

Next, we examined the role of CD126<sup>hi</sup> HUMSCs and CD126<sup>lo</sup> HUMSCs in the proliferation and differentiation



**Fig. 1** Flow cytometric analysis of cell surface markers of CD126<sup>hi</sup> HUMSCs and CD126<sup>lo</sup> HUMSCs. Flow cytometry was performed to determine the differences between CD126<sup>hi</sup> HUMSCs and CD126<sup>lo</sup> HUMSCs with regard to stem cell markers, leukocyte markers, and human leukocyte antigen-DR (HLA-DR). (**A**) CD126 expression levels in different generations of HUMSCs. (**B**) MSC markers expressed by CD126<sup>hi</sup> HUMSCs and CD126<sup>lo</sup> HUMSCs were detected by flow cytometry. (**C**) CD45 and HLA-DR expression levels in CD126<sup>hi</sup> HUMSCs and CD126<sup>lo</sup> HUMSCs. (**D**) CD126 expression level in CD126<sup>hi</sup> HUMSCs and CD126<sup>lo</sup> HUMSCs after flow cytometry

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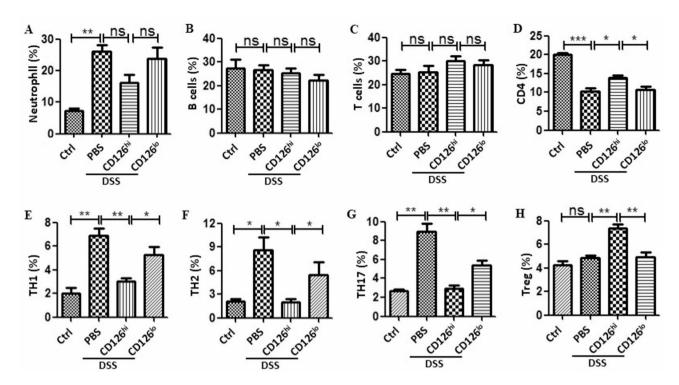
**Fig. 2** Effect of intravenous administration of CD126<sup>hi</sup> HUMSCs and CD126<sup>lo</sup> HUMSCs on DSS-induced colitis. Colitis was induced in mice by oral administration of 3.5% (wt/vol) DSS in sterile drinking water for 6 days (n = 6). Mice were intravenously administered 2 × 10<sup>6</sup> cells in 200 μL PBS per mouse in the cell therapy group or 200 μL PBS per mouse in the DSS-treated group on days 1, 3, and 5. Error bars: mean ± SD. \*p < 0.05; \*\*p < 0.01; \*\*\*\*p < 0.005. (**A**) Body weight loss following DSS treatment. (**B**) Disease activity index (DAI) of colitis severity monitored based on weight change, stool consistency, and presence of fecal blood. (**C**) Measurement of the colon length. Representative colon image showing differences in the length of colons subjected to different treatments. (**D**) Statistical analysis of the colon length of the normal, DSS-treated, CD126<sup>hi</sup> HUMSC-treated, and CD126<sup>lo</sup> HUMSC-treated groups. (**E**) Evaluation of colon permeability based on the serum FITC-dextran level of colitis mice following the administration of CD126<sup>hi</sup> HUMSCs or CD126<sup>lo</sup> HUMSCs. (**F**) Percentage of macrophages in colonic tissues. (**G**) Histopathological analysis of the colon by hematoxylin-eosin (HE) staining. Scale bar = 100 mm

of T cells. CD126<sup>hi</sup> HUMSCs and CD126<sup>lo</sup> HUMSCs were co-cultured with spleen cells under IL-6 stimulation. Following IL-6 stimulation, CD126<sup>hi</sup> HUMSCs increased the number of Treg cells as compared to CD126<sup>lo</sup> HUMSCs (Fig. 5D). Consistent with this finding, under IL-6 stimulation, higher TGF- $\beta$ 1 and IL-10 levels were detected in the medium of spleen cells co-cultured with CD126<sup>hi</sup> HUMSCs than in the medium of spleen cells co-cultured

with CD126<sup>lo</sup> HUMSCs (Figs. 5E-F). These observations suggest that CD126<sup>hi</sup> HUMSCs regulate Treg cell differentiation in response to IL-6 stimulation.

### IL-6 stimulates CD126hi HUMSCs to produce TGF-β1

To determine the source of increased TGF- $\beta 1$  level in DSS-challenged mice treated with CD126<sup>hi</sup> HUMSCs, we stimulated both CD126<sup>hi</sup> HUMSCs and CD126<sup>lo</sup>



**Fig. 3** Different effects of CD126<sup>hi</sup> HUMSCs and CD126<sup>lo</sup> HUMSCs on immune cells and inflammatory cytokines in DSS-induced colitis mice. Colitis was induced in mice by oral administration of 3.5% (wt/vol) DSS in sterile drinking water for 6 days (n=6). On the seventh day, the spleens of each group of mice were obtained and grounded into single cells; the cells were then cultured in RPMI 1640 medium containing 10% fetal bovine serum and 1% penicillin and streptomycin. The proportion of immune cells was detected by flow cytometry. Error bars: mean  $\pm$  SD. \*p < 0.05; \*\*\*p < 0.01; \*\*\*p < 0.005. (**A-D**) Effect of CD126<sup>hi</sup> HUMSCs and CD126<sup>lo</sup> HUMSCs on the proportions of neutrophils, B cells, T cells, and T helper cells in the blood of DSS-induced colitis mice. (**E-H**) Effect of CD126<sup>hi</sup> HUMSCs and CD126<sup>lo</sup> HUMSCs on Th1, Th2, and Th17 cells and Treg cells in the spleens of DSS-induced colitis mice

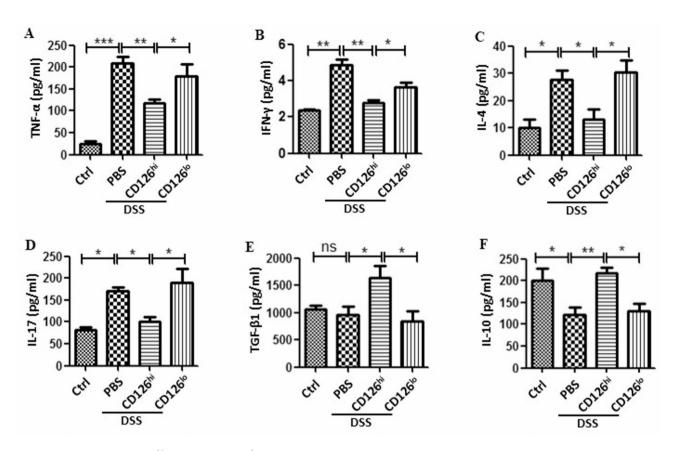
HUMSCs with IL-6 in vitro. The results showed that CD126<sup>hi</sup> HUMSCs and CD126<sup>lo</sup> HUMSCs secreted equal amounts of TGF- $\beta$ 1 under normal conditions without IL-6 (Fig. 6A, see Ctrl). Interestingly, CD126<sup>hi</sup> HUMSCs but not CD126<sup>lo</sup> HUMSCs produced high levels of TGF- $\beta$ 1 under IL-6 stimulation. These results suggest that CD126<sup>hi</sup> HUMSCs produce TGF- $\beta$ 1 in response to IL-6 stimulation, thus indicating that the elevated TGF- $\beta$ 1 level in DSS-induced colitis treated with CD126<sup>hi</sup> HUMSCs originated from CD126<sup>hi</sup> HUMSCs and Treg cells.

To analyze the other possible protein changes, we analyzed the gene expression profiles of CD126hi HUMSCs and CD126ho HUMSCs in response to IL-6. The RNA-seq data showed differential expression of several genes following IL-6 stimulation (Fig. 6B). Interestingly, the TGF- $\beta$ 1 mRNA level was increased in CD126hi HUMSCs after IL-6 stimulation (Fig. 6C). We also observed changes in the expression patterns of several other genes. Among these, CD160, FGF, CD109, CCL20, and IL-6R were upregulated, while IL-6, IL-7, IL-12, and MMP-27 were downregulated (Fig. 6C). Taken together, these results demonstrated that CD126hi HUMSCs express different cytokines following IL-6 stimulation to regulate the differentiation of macrophages and T cells.

### **Discussion**

In the present study, we elucidated that CD126hi HUM-SCs secrete TGF-β1 in response to IL-6 stimulation. Given that IL-6 is produced during inflammatory processes, CD126hi HUMSCs respond to the elevated IL-6 level by generating negative regulators such as TGF-β1. This secretion of TGF-β1 subsequently modulates the imbalanced T cell population and regulates overactive macrophages. Based on our findings, we propose that CD126hi HUMSCs sense the IL-6-dominant inflammatory environment. In contrast, in the presence of CD126<sup>lo</sup> HUMSCs, IL-6 does not stimulate Th1 and Th17 cells during inflammation (Fig. 7). Thus, our study provides a new approach to repress inflammation with sensitive CD126hi HUMSCs under the inflammatory environment. A noteworthy finding is that CD126hi HUMSCs remain inactive under normal conditions without IL-6 stimulation. This feature is highly beneficial for treating inflammation-related diseases such as IBD, as CD126hi HUMSCs may respond to different levels of inflammation depending on the IL-6 level.

Mesenchymal Stem Cells (MSCs) are positive for CD29, CD44, CD73, CD90, CD105, CD106, and CD126 markers and negative for hematopoietic lineage markers, including CD14, CD34, and CD45. To better understand the



**Fig. 4** Different effects of CD126<sup>hi</sup> HUMSCs and CD126<sup>lo</sup> HUMSCs on inflammatory cytokines in DSS-induced colitis mice. (**A-D**) Serum TNF- $\alpha$ , IFN- $\gamma$ , IL-4, and IL-17 levels in mice with or without MSC therapy were measured by ELISA (n=6). (**E-F**) Serum levels of the anti-inflammatory cytokines TGF- $\beta$ 1 and IL-10 in mice with or without MSC therapy were measured by ELISA

composition and phenotype of MSCs, it is useful to correlate the surface markers of MSCs with their bioactivity [23]. CD106 is critical for T cell activation and leukocyte recruitment to the inflammation site, and CD106-positive human term placental chorionic villi MSCs showed higher immunosuppressive activity than CD106-negative MSCs [24]. MSCs expressing high levels of CD146 enhanced suppressive properties in vitro by inhibiting alloreactive T cells in both soluble- and cell-contactdependent manner [25]. CD166 can be used as a gene expression marker to characterize human mesenchymal stromal cells [26]. Because IL-6 is the predominant cytokine found in inflammatory tissues of UC patients [27], we assessed whether the IL-6 receptor could be a specific marker for HUMSCs. We found that CD126hi HUMSCs but not CD126<sup>lo</sup> HUMSCs were effective in alleviating IBD. We also observed that the intravenous administration of CD126hi HUMSCs drastically decreased the DAI, regulated colonic permeability and body weight loss, and recovered damaged colonic structures. Therefore, we propose that the percentage of CD126hi cells could be a marker of a better therapeutic effect on colitis.

DSS-induced colitis is a well-established animal model of mucosal inflammation for studying IBD pathogenesis.

It is considered that DSS is directly toxic to gut epithelial cells and affects the integrity of the mucosal barrier [28]. Thus, DSS challenge leads to inflammation and further accelerates the damage of epithelial cells. The recovery of the damaged integrity of the mucosal barrier depends on the termination of inflammation. In the present study, we found that HUMSCs, in particular CD126hi HUMSCs isolated from the umbilical cord, were effective in alleviating DSS-induced colitis. Treatment with CD126hi HUMSCs increased colon length, prevented body weight loss, reduced colonic inflammatory cell infiltration, decreased proinflammatory cytokine production, and prolonged the survival of DSS-induced colitis mice. Although HUMSCs were observed to home at the damaged sites caused by DSS, their proportion was very low. Consequently, it was considered that the therapeutic effect of HUMSCs implanted into DSS-induced colitis mice was not due to cell homing but due to the regulation of immune cell ratio. Our results are consistent with previous clinical studies on the application of MSCs for treating IBD.

Although the precise etiology of IBD remains unclear, abnormal immune responses are considered to play a major role in IBD pathogenesis [29] – [30]. Th1, Th2, and

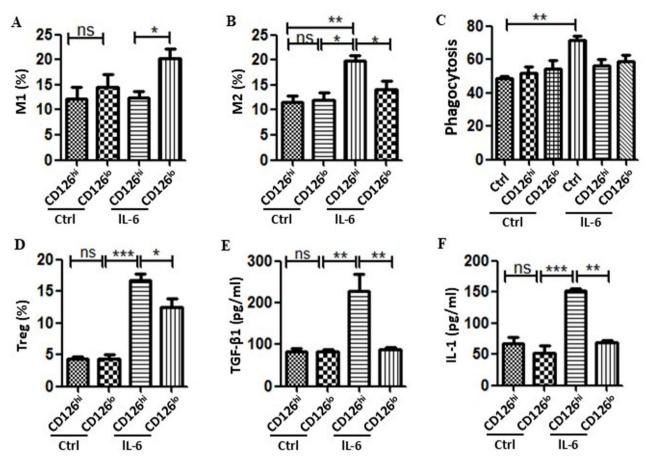
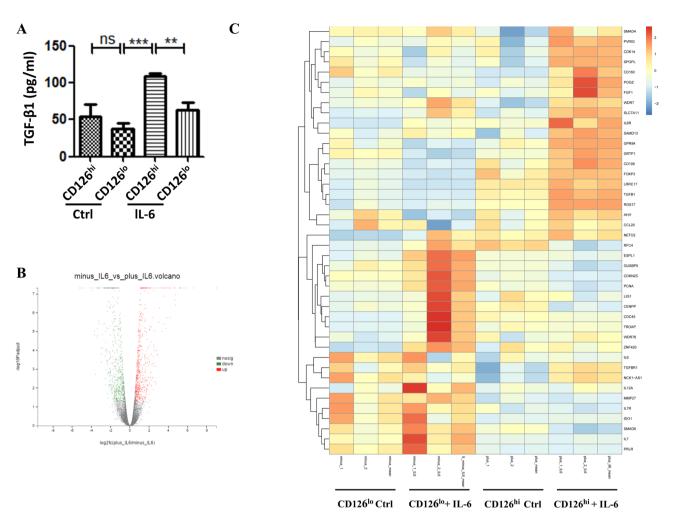


Fig. 5 Effect of CD126<sup>hi</sup> HUMSCs and CD126<sup>lo</sup> HUMSCs on immune cell differentiation in vitro. (**A-B**) Effect of CD126<sup>hi</sup> HUMSCs and CD126<sup>lo</sup> HUMSCs on the differentiation of bone marrow-derived macrophages in the absence or presence of IL-6. (**C**) Effect of CD126<sup>hi</sup> HUMSCs and CD126<sup>lo</sup> HUMSCs on macrophage phagocytosis with or without IL-6 stimulation. The proportion of macrophages that phagocytosed FITC-dextran was considered to evaluate their phagocytic capacity. (**D**) Effect of CD126<sup>hi</sup> HUMSCs and CD126<sup>lo</sup> HUMSCs on the differentiation of Treg cells. (**E-F**) Effect of CD126<sup>hi</sup> HUMSCs and CD126<sup>lo</sup> HUMSCs on TGF-β1 and IL-10 secretion from induced Treg cells

Th17 cells and Treg cells play a key role in the development of experimental colitis [31-33]. Earlier studies have shown that MSCs exert their immunomodulatory function by inducing Tregs [34]. However, in the present study, we observed that CD126hi HUMSCs not only increased the proportion of Tregs but also repressed Th1, Th2, and Th17 cells (Figs. 3E-G). Alterations in these cell populations were consistent with the levels of related cytokines, including INF-γ, IL-4, and IL-17 (Figs. 4B-D). Although Treg cells produce TGF-β, we found that CD126hi HUMSCs caused elevation in Treg cell population to a lesser extent than the observed decrease in the proportion of Th1, Th2, and Th17 in DSS-treated mice. Moreover, the increment in the Treg cell population (Fig. 3H) was not proportional to the increase in TGFβ1 levels (Fig. 4F). We considered that the remarkable decrease in Th1, Th2, and Th17 cell populations might be due to the presence of TGF-\(\beta\)1 mainly produced by CD126hi HUMSCs but not by Tregs. Taken together, we propose that CD126 $^{\rm hi}$  HUMSCs balance the disordered immune cell populations by producing TGF- $\beta$ 1.

Macrophages are the central mediators of the innate immune system, and they play a key role in IBD [35]. Typically, macrophages are categorized as classically activated macrophages (M1) and alternatively activated macrophages (M2) [36]. M2 macrophages, characterized by the expression CD206, are immunosuppressive cells involved in Th2 cell activation and regulate extracellular matrix molecule synthesis, wound repair, and tumor progression [37]. In contrast, M1 macrophages are proinflammatory cells with the potent ability to promote Th1 cell activation and mediate acute inflammatory responses by producing proinflammatory cytokines such as TNF- $\alpha$  and IL-6 [38]. The proportions of M1 and M2 macrophages are increased and decreased, respectively, in colitis; this phenomenon is accompanied by induction of inflammatory cytokine production and anti-inflammatory cytokine suppression [39]. MSCs function as



**Fig. 6** Mechanism of action through which CD126<sup>hi</sup> HUMSCs alleviate colitis. (**A**) Difference in TGF-β1 secretion in the cell supernatant between CD126<sup>hi</sup> HUMSCs and CD126<sup>lo</sup> HUMSCs and CD126<sup>hi</sup> HUMSCs and CD126<sup></sup>

inflammatory sensors and can differentiate M1 macrophages from M2 macrophages in vitro [40].

### Conclusion

In the present study, we examined the ability of CD126<sup>hi</sup> HUMSCs and CD126<sup>lo</sup> HUMSCs to differentiate mouse bone marrow cells into macrophages. We found that CD126<sup>hi</sup> HUMSCs promoted the differentiation of bone marrow cells into M2 macrophages. Therefore, macrophages could be one of the targets of CD126<sup>hi</sup> MSCs for the effective treatment of IBD. Further studies are required to elucidate the detailed molecular mechanisms of CD126<sup>hi</sup> MSCs in regulating macrophage activity.

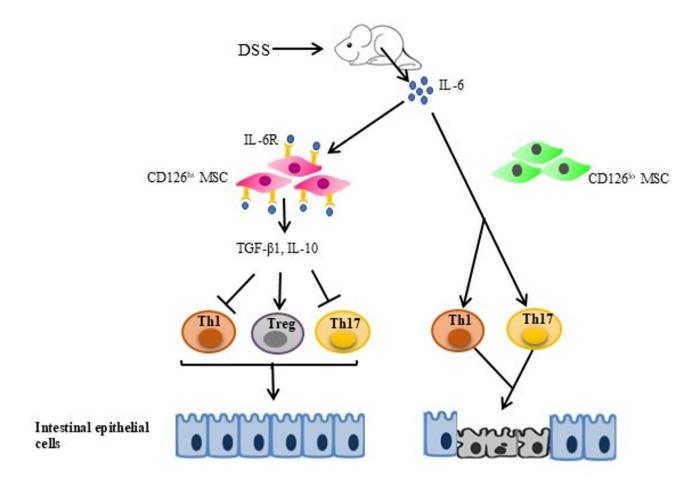


Fig. 7 CD126  $^{hi}$  HUMSCs secrete TGF- $\beta 1$  in response to IL-6 stimulation

### **Abbreviations**

HUMSCs Human umbilical cord mesenchymal stem cells

H&E Hematoxylin and Eosin

FACS Fluorescence-activated cell sorting ELISA Enzyme-linked immunosorbent assay

IL-6 Interleukin-6 IL-17 Interleukin-17 IFN-γ Interferon-γ

TNF- $\alpha$  Tumor necrosis factor- $\alpha$ 

TGF- $\beta$ 1 Transforming growth factor- $\beta$ CD: Crohn's disease

UC Ulcerative colitis
DAI Disease activity index
DSS Dextran sulfate sodium
Th1 cell Type 1 T helper cell
FITC Fluorescein isothiocyanate
HLA-DR Human leukocyte antigen-DR

HUMSCs Human umbilical cord mesenchymal stem cells

IBD Inflammatory bowel disease
MSCs Mesenchymal stem cells
Treg cells Regulatory T cells

RPMI Roswell Park Memorial Institute FBS Fetal Bovine Serum

P/S solution Penicillin-Streptomycin solution EDTA Ethylenediaminetetraacetic acid

HEPES 4-(2-Hydroxyethyl)-1-piperazineethanesulfonic acid

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### **Author contributions**

YF, DY, XQ, and JX conceptualized the study. YF, DY, and JX curated the data. YF, BX, and YW performed the formal analysis. ZC acquired the funding. YF, YW, and DY conducted the investigation. YF, BX, XQ, and JX designed the methodology. JS, ZC, and JX administered the project. JS, ZC, and JX provided the resources. YF, YW, and BX developed the software. JX and DY supervised the research. DY and JX validated the results. YF, YW, XQ, and JX created the visualizations. YF and JX wrote the original draft. JS, ZC, and JX reviewed and edited the manuscript. All authors have read and approved the final version of the manuscript, and agree with the order of presentation of the authors.

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### Data availability

The data that support the findings of this study are available within the article or from the corresponding author upon reasonable request.

### **Declarations**

### Ethics approval and consent to participate

The IACUC (Institutional Animal Care and Use Committee) of Tsinghua University approved all animal experimental protocols used in this study (No. 2020-3-20).

### Consent for publication

Not Applicable.

### **Competing interests**

The authors declare that they have no competing interests.

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