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Impact of gut microbiota on host stem cells across the gastrointestinal tract

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ABSTRACT

The gut microbiota plays a pivotal role in maintaining gastrointestinal (GI) homeostasis by influencing epithelial integrity, immunity, and metabolism. Recent studies have uncovered that gut microbiota can directly or indirectly modulate the behavior and function of adult stem cells across the GI tract, which are essential for tissue regeneration and disease prevention. Moreover, key microbial metabolites including short-chain fatty acids (SCFAs), tryptophan-derived indoles, succinate, secondary bile acids, and retinoic acid exert diverse effects on stem cell quiescence, proliferation, and differentiation. This review provides current knowledge on the interaction between gut microbiota and host stem cells in the stomach, intestine, and colon.

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1. Introduction

Microorganisms in the gastrointestinal (GI) tract is collectively referred to as the gut microbiota. This diverse community encompasses bacteria, yeasts, and viruses, of which bacteria are the most enriched. The type and balance of bacteria in the gut are influenced by many factors derived from the host or environment. Bacteria in the gut help break down food, turning it into nutrients that can be used by host cells. They play pivotal roles in modulating both physical and mental health.¹

With recent advances in high-throughput sequencing involving 16S rRNA sequencing and metagenomic analyzes, it is now possible to characterize microbial communities at the individual level and determine the gene expression and metabolomic profiles of specific microbial taxa. These advances have provided a basis for understanding the link between host cells and specific microbes. A notable finding is that gut microbes impact epithelial cell physiology as well as the behavior and fate of adult stem cells. Given the central role of stem cells in tissue homeostasis, regeneration, and disease, understanding how gut microbiota modulate stem cell biology is of increasing interest.

Recent studies have begun to uncover how microbiota-derived metabolites, such as short-chain fatty acids (SCFAs), tryptophan metabolites, and secondary bile acids, interact with adult stem cells in various segments of the GI tract. These interactions affect stem cell quiescence, proliferation, and differentiation, ultimately affecting tissue integrity and disease susceptibility. Dysbiosis, a disruption of the normal microbial community, has been implicated in the pathogenesis of GI disorders, including inflammatory diseases and cancers, many of which involve alterations in stem cell function. In this review, we summarize the current knowledge on how gut microbiota influence the biology of host adult stem cells across the GI tract. We focus on the impact of the microbial composition and related metabolites on stem cell activity in the stomach, intestine, and colon, highlighting both physiological and pathological contexts.

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2. Gut microbiota composition and dynamics

The GI tract is divided into two regions. The upper GI tract above the ampulla of Vater generally includes the oral cavity, esophagus, stomach, and proximal part of the small intestine (duodenum).² The lower GI tract, the distal part, includes the small intestine (jejunum and ileum), large intestine (colon), and anus.² The human gut contains 30–100 trillion microbes, depending on the organ, conferring a diverse bacterial community.^{3,4} Generally, the adult human gut microbiota include six main bacterial phyla: *Firmicutes*, *Bacteroidetes*, *Actinobacteria*, *Proteobacteria*, *Fusobacteria*, and *Verrucomicrobia*.^{1,5} The composition of the gut microbiota varies across the regions of the digestive tract.^{6,7} Microbial richness and heterogeneity are greater in the upper GI tract than in the lower tract.⁷

The human oral cavity is the entry point of food into the GI tract and includes diverse sites, including the teeth, gingival sulcus, tongue, cheeks, tonsils, and hard and soft palates. Six major phyla in the oral cavity, accounting for 96% of the total taxa, have been identified: *Actinobacteria*, *Firmicutes*, *Bacteroidetes*, *Proteobacteria*, *Spirochetes*, and *Fusobacteria*.⁸ However, the oral cavity exhibits variation in the microbiota structure depending on the particular site.⁹

The esophagus is a muscular tube that connects the oral cavity to the stomach. Gram-positive *Firmicutes* is the dominant phylum in the healthy esophagus (particularly *Streptococcus* spp., the most abundant genus). Other common phyla and genera are *Firmicutes*, *Bacteroidetes* (*Prevotella* and *Bacteroides*), *Proteobacteria* (*Haemophilus*), and *Actinobacteria* (*Rothia*).^{10,11}

Stomach cells are specialized in facilitating food digestion and protecting organs from acidic environments. A limited number of microbes harboring survival mechanisms reside in the acidic conditions of the stomach in mice and humans.^{12,13} Common genera in healthy stomachs include *Bacillus*, *Streptococcus*, *Enterobacter*, *Leptotrichia*, *Veillonella*, and *Pseudomonas*.^{9,13,14} However, *Helicobacter pylori* infection, a known risk factor for gastric cancer, has striking effects on the general bacterial community of the upper GI tract, including the stomach.^{7,15} The eradication of *H. pylori* increases the diversity of the microbiota.¹⁶

The small intestine plays a crucial role in digestion and nutrient absorption. It is divided into three sections: the duodenum, where bile and pancreatic enzymes aid in breaking down food; the jejunum, characterized by extensive villi and microvilli for maximal nutrient absorption; and the ileum, where vitamin B12 and other nutrients are absorbed.^{17,18} The small intestine is also enriched with commensal bacteria, although they are less abundant in this organ than in the colon. The microbial community of the duodenum is similar to that of the stomach, whereas that of the terminal ileum is similar to that of the colon,⁷ indicating heterogeneity along the small intestine. Microbial genera, such as *Porphyromonas*, *Alloprevotella*, *Prevotella*, and *Capnocytophaga*, are more abundant in the duodenum than in the terminal ileum, whereas *Bacteroides*, *Odoribacter*, *Parabacteroides*, and *Alistipes* are more abundant in the terminal ileum.^{7,13}

The colon plays a vital role in the absorption of water and electrolytes, fermentation of undigested carbohydrates by the gut microbiota, and formation and storage of feces. In the gut, the colon is characterized by the highest bacterial load because of its long transit time, favorable pH, and nutrient availability. In healthy humans, *Firmicutes*, *Bacteroidetes*, *Proteobacteria*, *Fusobacteria*, *Actinobacteria*, and *Verrucomicrobia* are present in the colon.¹³

The definition of the “healthy” or “normal” gut microbiota is unclear, as the functions of specific microbial taxa in our body are not fully understood. Nevertheless, microorganisms in healthy individuals can be considered a good microbiota. Numerous factors influence the composition and dynamics of gut microbes, including maternal inheritance, nationality, diet, and disease progression. For example, there is evidence that host age can influence the composition and diversity of the gut microbiota.^{5,19} Notably, the microbial community in infants is affected by the type of delivery and maternal microbiota.^{5,20,21} Despite inter-individual complexity, the dominant taxa in the gut microbiota in infants include *Akkermansia muciniphila*, *Bacteroidetes*, *Veillonella*, *Clostridium coccoides*, and *Clostridium botulinum*.^{5,22} The gut microbiota gradually stabilize after birth, becoming similar in composition to that of elders by the age of 3 years.^{22,23} We have recently shown that the young gut microbiota rejuvenate aged mice by enhancing muscle strength and skin hydration through microbial reconstitution.²⁴ Thus, compared with that of the elderly, the gut microbiota in young individuals can be considered a “healthy” microbiota with respect to host physical function. The dietary and immune systems of the host also affect the composition of the human gut microbiota.²⁵⁻²⁷ Even the economic status of countries can impact the diversity and composition of the gut microbiota. For example, in

developed countries, the Bacteroidetes gut type, dominated by *Bacteroides*, *Phocaeicola*, and *Parabacteroides*, is the most common type because citizens typically consume animal-based foods rather than plant-based foods.²⁵ Therefore, studies on host–microbiota interactions should consider a wide range of factors that can influence the composition of the microbiota.

3. Metabolites produced by the gut microbiota

Microbiota have a remarkably broad capacity to use inorganic and organic molecules as nutritional substrates. In the mammalian gut, they can catabolize plant-derived polysaccharides and resistant starches that otherwise indigestible by the host.¹⁹ Although the effects of microbial metabolites are context-dependent and sometimes contradictory, several studies have revealed that the microbiota and related metabolites play important roles in the characteristics of stem cells in the GI tract. Stem cells directly interact with extrinsic factors, such as gut microbiota-derived metabolites, as well as with intrinsic host factors.^{28–33} Specific microbiota and microbiota-derived metabolites have been identified through the integration of metabolomics, sequencing technologies, and *in vivo* studies (Figure 1).

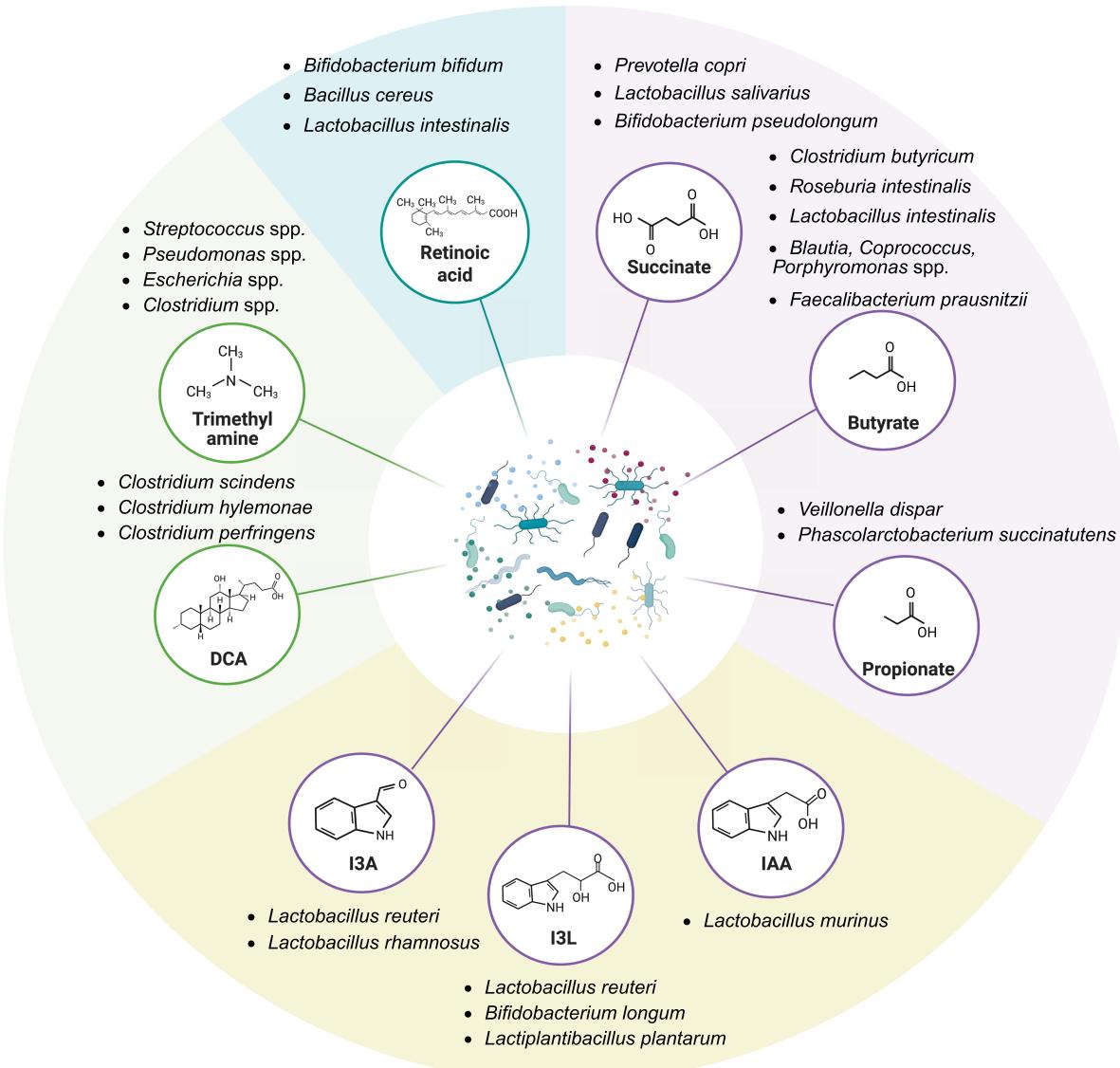


Figure 1. Graphical summary representing the diverse metabolites produced by the gut microbiota, along with specific bacterial species that have been experimentally validated to synthesize each metabolite. Abbreviations: I3A, indole-3-carbaldehyde; I3L, indole-3-lactic acid; IAA, indole-3-acetate; DCA, deoxycholic acid.

3.1. SCFAs

Gut microbes produce and secrete metabolites that are not produced by host cells. SCFAs are metabolites produced via the fermentation of dietary fiber by the gut microbiota. Propionate, butyrate, and acetate are the main SCFAs present in the gut.³⁴ SCFAs can serve as energy sources and signaling molecules through G protein-coupled receptors in host cells.^{35,36} Functionally, these microbiota-derived metabolites can affect diverse physiological processes, development, and immune responses in the host.³⁷⁻³⁹ Although most members of the gut microbiota form acetate, only specific, phylogenetically diverse bacterial groups are responsible for butyrate and propionate formation,⁴⁰ including some species within the phyla *Bacteroides*, *Firmicutes*, and *Verrucomicrobia*.^{41,42}

Butyrate, synthesized via the butyryl-CoA: acetate CoA-transferase pathway, is the most well-studied SCFA owing to its critical roles in gut homeostasis, energy supply, and inflammation. We have recently found that *Lactobacillus intestinalis* (*Firmicutes*), a major gastric microbial species in mice, can produce SCFAs.¹² Among these SCFAs, butyrate produced by *L. intestinalis* plays a key role in switching chief cells from a quiescent state to a proliferative state.¹² A comparison of the bacterial compositions of healthy individuals and patients with Parkinson's disease has revealed *Blautia*, *Coprococcus*, and *Roseburia* (*Firmicutes*) as putative butyrate-producing microbes.⁴³ *Faecalibacterium prausnitzii* (*Firmicutes*), the most abundant commensal bacterium in the human intestine, produces butyrate and other SCFAs.^{44,45} This species exerts protective effects against inflammatory bowel disease.^{44,46} *Roseburia intestinalis* (*Firmicutes*) is one of the most abundant butyrate-producing gram-positive anaerobes in the human gut and feces.^{47,48} A recent fecal microbiota transplantation study has shown that *R. intestinalis* can ameliorate neuropathic pain via the butyrate and GPR41 (gut-brain) axis.⁴⁸ Although there is no direct evidence that *Akkermansia muciniphila* (*Verrucomicrobia*) produces SCFAs, a recent report has shown that mice exposed to maternal *A. muciniphila* exhibit increased levels of serum SCFAs and amino acids.⁴⁹ In contrast, another study has revealed that *A. muciniphila* does not produce butyrate.⁴⁴ Thus, it is possible that increases in SCFA levels are mediated by interactions with commensal butyrate-producing species.

Phascolarctobacterium succinatutens (*Firmicutes*) produces propionate by utilizing succinate as a source.⁵⁰ The symbiosis between succinate-producing bacteria and succinate-consuming SCFA-producing microbes appears to confer metabolic benefits to the host. A recent study has shown that fecal microbiota transplantation from elite athletes into mice results in a high relative abundance of *Phascolarctobacterium succinatutens* and *Prevotella copri* (succinate producers) and improved insulin sensitivity.⁵¹ In addition to the succinate pathway, gut *Veillonella dispar* (*Firmicutes*) can reprogram lactate metabolism to produce acetate and propionate, which are associated with host health.⁵² Although the main SCFAs are acetate, propionate, and butyrate, other minor SCFAs, such as lactate, are byproducts of microbial metabolism.³²

SCFAs are pleiotropic metabolites that can serve as energy source, signaling molecules, or enzyme inhibitors. Hence, their effects on the host are context-dependent rather than uniformly beneficial. Among them, butyrate exhibits particularly diverse and sometimes opposing biological functions. Butyrate can suppress colon cancer cell proliferation through histone deacetylase (HDAC) inhibition.⁵³ In cancer cells that rely on glycolytic metabolism (known as Warburg effect), butyrate oxidation is limited, leading to its intracellular accumulation and subsequent histone hyperacetylation, resulting in cell cycle arrest and apoptosis.⁵³ Conversely, microbiota-derived butyrate can also exert antiproliferative effects via GPR43-mediated signaling, independent of HDAC inhibition.⁵⁴ In contrast to cancer cells, normal colonocytes metabolize butyrate as an energy source, rendering them resistant to these antiproliferative effects.⁵³ However, high concentrations of butyrate produced by *Porphyromonas* spp., can provoke senescence-like cell-cycle arrest and a pro-inflammatory secretory phenotype in epithelial cells, potentially promoting colonic tumorigenesis.⁵⁵ This dual behavior, often referred to as the "butyrate paradox," highlights the context-dependent nature of SCFA-mediated mechanisms and underscores the complexity of their physiological effects.

3.2. Tryptophan-derived indoles

Although host cells can metabolize tryptophan, an essential aromatic amino acid, through the kynurenine and serotonin pathways, certain gut microbes can also metabolize tryptophan via the indole pathway to produce various derivatives. Indole-3-carbaldehyde (I3A), a tryptophan-derived metabolite of *Lactobacillus reuteri*

(*Firmicutes*), stimulates lamina propria cells to secrete interleukin-22 (IL-22) through the aryl hydrocarbon receptor (AhR) and induces the phosphorylation of signal transducer and activator of transcription 3 (STAT3), thereby promoting the proliferation of intestinal epithelial cells and improving the damaged intestinal mucosa.^{56,57} *L. reuteri* produces various tryptophan-derived metabolites, and supplementation with tryptophan increases the levels of I3A and indole-3-lactic acid (I3L).⁵⁸ A similar mechanism has been observed in another *Lactobacillus* species, *Lactobacillus rhamnosus* GG (*Firmicutes*), which can metabolize tryptophan and produce AhR ligands, thereby activating the AhR-IL-22 axis.⁵⁹

I3L, a metabolite of breast milk tryptophan, can be produced by *Bifidobacterium longum* (*Actinobacteria*) and exerts an anti-inflammatory effect by reducing IL-1 β -induced inflammation.⁶⁰ Additionally, *Lactiplantibacillus plantarum* (*Firmicutes*)-derived I3L likely influences the composition of gut microbes.⁶¹ An untargeted metabolomic study of fecal samples revealed that germ-free mice exhibit significantly lower levels of indole-3-acetate (IAA) than their conventionally raised counterparts, suggesting that the majority of IAA is derived from the gut microbiota.⁶² Wei et al. recently reported that *Lactobacillus murinus* (*Firmicutes*) can serve as a source of IAA in the gut.⁶³ Functional tryptophan-derived indole-3-propionic acid and indoleacrylic acid are produced by *Clostridium sporogenes* (*Firmicutes*) and *Parabacteroides distasonis* (*Bacteroidetes*), respectively.^{64,65}

3.3. Succinate

The role of succinate in hosts remains poorly understood. This metabolite can be produced by various microbes, including members of the genera *Bacteroides* and *Prevotella*.⁶⁶ Vadder et al. suggested that certain gut microbes can utilize dietary fibers to produce succinate instead of SCFAs.⁶⁷ Microbiota-derived succinate enhanced intestinal gluconeogenesis by acting as a glucose precursor.⁶⁷ *Prevotella copri* (*Bacteroidetes*) is a prominent succinate-producing microbe found in the cecum.^{26,67} Moreover, intestinal *Lactobacillus salivarius* (*Firmicutes*) can produce succinate, thereby influencing stem cell activity.⁶⁸ Based on transplantation studies and 16S rRNA sequencing, *Bifidobacterium pseudolongum* (*Actinobacteria*) is predicted to be an intestinal succinate producer that promotes tuft cell expansion, thereby suppressing inflammatory diseases.⁶⁹

3.4. Secondary bile acids

Bile acids play key roles in digestion, metabolism, and cellular signaling. They are essential components of the enterohepatic circulation, are produced from cholesterol in the liver, and constitute the main component of mammalian bile.⁷⁰ Bile acids are classified into primary bile acids, such as cholic, glycodeoxycholic, and taurocholic acids, and secondary bile acids, such as deoxycholic acid (DCA) and lithocholic acid (LCA).⁷⁰ Most primary bile acids secreted into the intestine are reabsorbed in the terminal ileum and transported back to the liver for recirculation. A small portion of primary bile acids that escape reabsorption can be converted into secondary bile acids via the gut microbiota.⁷¹ Bile acids exert biological functions by binding to and activating farnesoid X receptor and the G-protein-coupled bile acid receptor TGR5, thereby initiating downstream signaling pathways.⁷¹ Recent reports have identified specific microbial populations that serve as the producers of secondary bile acids. *Clostridium scindens* (*Firmicutes*) has the bile acid 7 α -dehydroxylation pathway and can produce secondary bile acids, which enhance the activity of microbiota-derived antibiotics and thereby suppress pathogenic invasion.^{72,73} A recent study has revealed that these major DCA-producing bacteria also influence glucose metabolism in the host.⁷⁴ Other *Clostridium* species (*Firmicutes*), such as *Clostridium hylemonae* and *Clostridium perfringens*, also possess enzymes capable of producing DCA.^{75,76} In 2021, a Japanese research group identified a novel bile acid biosynthetic pathway and revealed that a strain of *Odoribacter* (*Firmicutes*) produces an LCA isoform with antimicrobial properties.⁷⁷

3.5. Retinoic acid (RA)

RA signaling is primarily mediated by retinoic acid receptors and is involved in diverse biological processes, such as organogenesis, tissue regeneration, and inflammation.⁷⁸⁻⁸⁰ Retinol (Vitamin A) is primarily converted to retinaldehyde and then oxidized to RA.⁸¹ Although RA is supplied by epithelial cells, it is also produced by specific gut commensals. Woo et al. found that segmented filamentous bacteria

possessing aldehyde dehydrogenase (ALDH) enzymes, including *Bacillus cereus* (*Firmicutes*) and *Bifidobacterium bifidum* (*Actinobacteria*), can convert vitamin A into RA, thereby priming host *Nos2* transcription and contributing to the suppression of pathogenic infections.⁸² Additionally, *Lactobacillus intestinalis*, a commensal bacterium of the colon, produces RA via endogenous ALDH and exerts a protective effect against dextran sodium sulfate-induced colitis.^{83,84} The ablation of the species results in a marked reduction in retinoid levels, indicating their essential role in vitamin A metabolism. Although RA signaling appears to play an important role in intestinal stem cell differentiation,⁸⁵ and epithelial cell proliferation⁸⁶ and responses to infection,^{82,87} the molecular functions of microbiota-derived RA and its relationship with stem cell behavior are yet to be clearly defined.

3.6. Trimethylamine (TMA) and trimethylamine N-oxide (TMAO)

Dietary nutrients, such as choline and L-carnitine, are metabolized by the gut microbiota into TMA, which is oxidized to TMAO in the host liver.⁸⁸ TMA-producing bacteria include various commensal species that harbor the *cutC*, *cutD*, and *cntAB* genes, which encode key enzymes involved in converting dietary components into TMA.⁸⁸ The vast majority of TMA-producing genera (*Pseudomonas*, *Streptococcus*, *Escherichia*, and *Clostridium*) belong to *Firmicutes* and *Proteobacteria*.⁸⁸ Germ-free mice do not produce TMAO until they are colonized by the normal microbiota, confirming that the microbiota are a crucial producer of TMAO.⁸⁹ In contrast to the effects of SCFAs and tryptophan-derived indoles, elevated TMAO levels exert adverse effects on the host. Elevated plasma TMAO levels are associated with increased pro-inflammatory cytokine production and have implications in the development of several inflammation-related diseases, including cardiovascular disease, diabetes, stroke, and metabolic syndrome.⁸⁹⁻⁹¹ Notably, reducing TMAO levels by eliminating the gut microbiota can protect mice against diet-induced atherosclerosis.⁸⁹ Although there is emerging evidence for a link between microbiota-derived TMAO and host diseases, little is known about the connection between TMAO and stem cell biology. A few studies have demonstrated that microbiota-derived TMAO can activate NF-κB signaling and influence the differentiation of bone marrow mesenchymal stem cells; however, somewhat contradictory results have been reported.^{92,93}

4. Adult stem cells in the gut

Stem cells are characterized by the ability to self-renew without losing their developmental potential and to differentiate into multiple specialized cell types. In biology, “quiescence” refers to a temporary and reversible state (G0 phase) in which a cell does not undergo cell cycle progression but retains the capacity to divide upon stimulation (e.g., tissue injury).⁹⁴ In the gut, the presence of “quiescent” or “slow cycling” stem cells, retaining potency, was first suggested in the 1970s.⁹⁵ Since then, advances in labeling and lineage-tracing technologies using specific and selective molecular markers have revealed that quiescent and active adult stem cells coexist in diverse organs in mammals (Figure 2).⁹⁶⁻⁹⁸ Actively proliferating stem cells, such as Lgr5⁺ stem cells, may transiently enter a quiescent state under certain conditions. However, their contributions to regeneration following injury remain unclear. Alternatively, unreserved stem cells are defined by their ability to remain quiescent during homeostasis and become activated upon injury or stress to self-renew and differentiate. Therefore, quiescent stem cells can only be classified as reserve stem cells if they have been functionally validated to contribute to tissue regeneration in response to injury. In this section, we summarize known adult stem cell populations and their markers in the stomach, intestine, and colon to provide a basis for analyzes of links with the microbiota in each segment.

4.1. Host stem cells in the stomach

The gastric epithelium is a continuously self-renewing tissue that maintains homeostasis. All gastric epithelial cells are derived from adult stem cells.⁹⁹ The gastric epithelium is composed of two glandular regions, the corpus (also referred to as the body in humans) and antrum, containing distinct, functional epithelial cells and constituting the epithelial lining of the stomach.

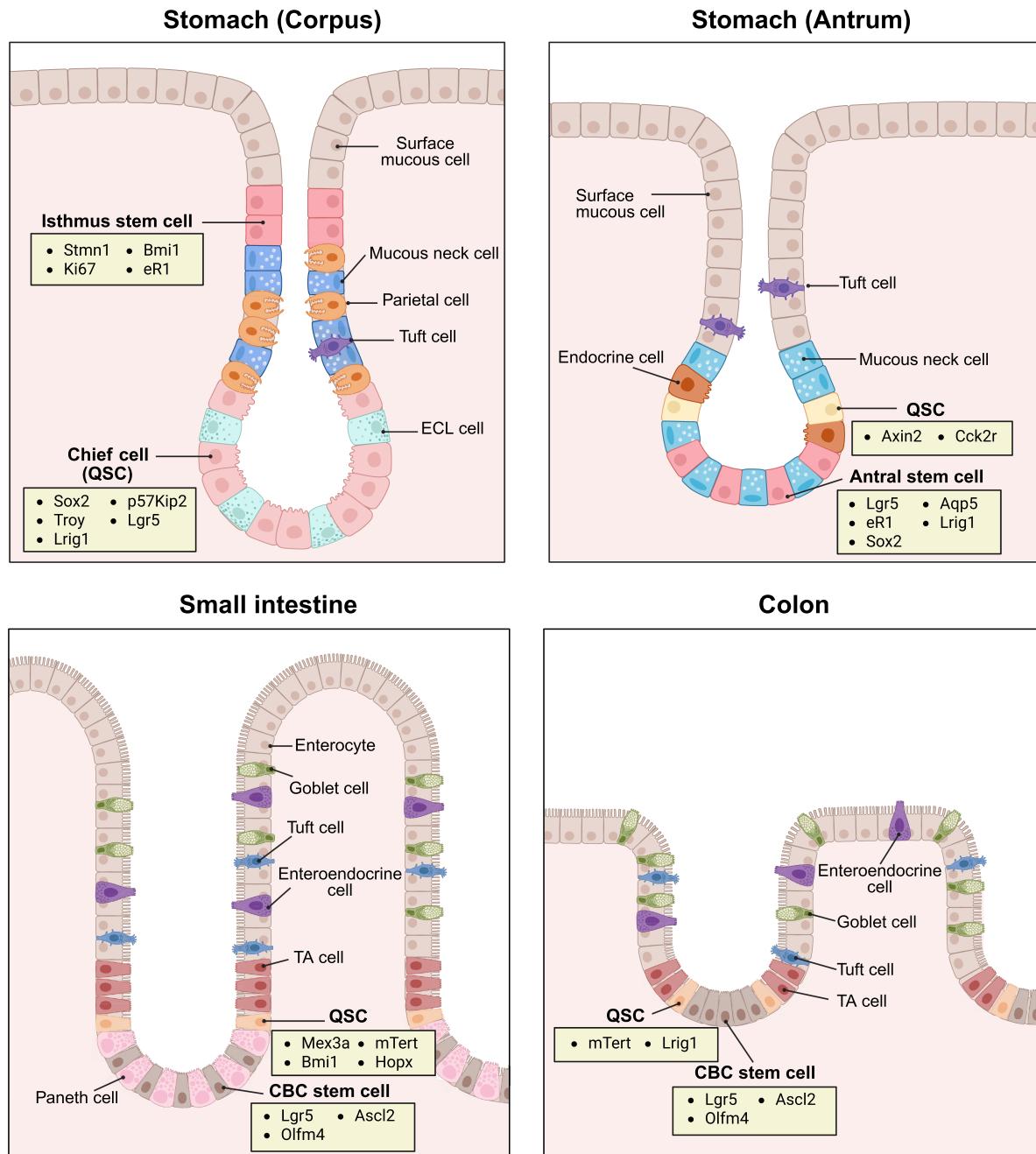


Figure 2. Graphical summary representing the diverse stem cell populations and their representative molecular markers across the stomach corpus, stomach antrum, small intestine, and colon. Abbreviations: QSC, quiescent stem cell; TA cell, transit-amplifying cell; CBC stem cell, crypt base columnar stem cell.

The gastric corpus is the main acid-producing region. It is maintained by two distinct stem cell pools: **isthmus stem cells**, which are rapidly dividing cells in the isthmus region below the pit region, and **chief gastric cells**, which are zymogenic enzyme-secreting terminally differentiated cells at the base of the gland that serve as quiescent reserve stem cells.^{100,101} Isthmus stem cells continuously produce secondary progenitors committed to the pit, mucous neck, enterochromaffin-like cells, and parietal cells during homeostasis.^{102,103} Chief cells present at the base of the corpus gland remain in a quiescent state under homeostatic conditions; however, they can be transdifferentiated and re-enter the cell cycle through conserved cellular reprogramming.¹⁰⁴⁻¹⁰⁶ This cellular plasticity allows some chief cell subsets to generate all epithelial lineages and contribute to regeneration upon injury.¹⁰⁷⁻¹⁰⁹

Several biomarkers for specific stem cell compartments in the corpus have been identified. Sox2+ cells reside at the base of the corpus gland and function as long-lived stem cells, giving rise to multiple epithelial cell lineages.¹¹⁰ Using a *Troy*-CreERT2 lineage tracing model, Stange et al. demonstrated that *Troy*+ chief cells are typically quiescent under homeostatic conditions but can become activated to clonally repopulate the gastric gland upon injury.¹⁰¹ This finding suggests that *Troy* marks reserve stem cells in the gastric corpus with multipotent potential.¹⁰¹ *Lgr5*+ cells, a subpopulation of antral stem cells, are also present in the corpus glands of humans and mice. In the corpus, *Lgr5* is expressed in a subset of the chief cells that function as reserve stem cells.¹⁰⁰ These cells contribute to gland regeneration following high-dose tamoxifen-induced injury, rather than during homeostatic conditions.¹⁰⁰ A recent study has shown that p57Kip2 is highly expressed in chief cells and serves as a key molecular switch for inducing a quiescent and reserved stem cell state.¹¹¹

Actively proliferating stem cells in the isthmus region can be identified using proliferation markers, such as *Stmn1* and *Ki67*.¹¹² Recent independent lineage-tracing studies using the promoters of these two genes have confirmed that isthmus stem cells can produce functional units during homeostasis.¹¹² *eR1*, a *Runx1* enhancer element, marks undifferentiated and actively proliferating stem cells in the isthmus.¹¹³ *Bmi1*-expressing cells in the isthmus exhibit high proliferative activity and generate differentiated progeny.¹¹⁴

The gastric antrum shows less heterogeneity than that in the corpus and primarily comprises mucous cells and various types of endocrine cells.^{102,103} Stem cells reside at the deep base of the antral gland and give rise to multiple epithelial cells. Various molecular markers have been reported for stem cells in the antrum, such as *Lgr5*,¹¹⁵ *eR1*,¹¹³ *CCK2R*,¹¹⁶ and *Sox2*.¹¹⁰ *Lgr5* was the first stem cell marker identified in the gastric antrum and labels cells located at the base of the antral gland.¹¹⁵ This cell population represents active stem cells that continuously generate progeny under homeostatic conditions.¹¹⁵ *Aqp5*+ cells at the antral base largely overlap with *Lgr5*+ cells and give rise to all pyloric gland lineages.¹¹⁷ This stem cell population is present in both humans and mice.¹¹⁷ However, over the past several years, stem cell markers that do not overlap with *Lgr5* have been identified. A subset of *Axin2*+ cells located at positions +4 to +6 in the antral gland are *Lgr5*- and can give rise to stem cells upon the depletion of *Lgr5*+ cells.¹¹⁸ Antral stem cells regulated by gastrin-secreting G-cells have also been identified. *CCK2R*+ stem cells, located at the +4 position, rarely express *Lgr5*, and are relatively quiescent.¹¹⁶ As in the corpus, *eR1* marks stem cells in the antrum. However, these cells appear to be slow cycling and are located higher in the gland than the *Lgr5*+ cell population.¹¹³ *Lrig1*+ cells are present at the base of both the corpus and antrum, rarely proliferate, and contribute to the long-term maintenance of the tissue.¹¹⁹

4.2. Host stem cells in the intestine

Actively cycling *Lgr5*+ intestinal stem cells are present at the base of a pocket-like structure called the crypt.^{96,120} These actively proliferating stem cells at the crypt base differentiate into two major cell lineages: enterocytes and secretory cells. Wnt target genes, such as *Ascl2* and *Olfm4*, are co-expressed in *Lgr5*+ actively proliferating stem cells.^{121,122} The ablation of *Ascl2* leads to the loss of intestinal stem cells, suggesting that the Wnt signaling pathway is essential for maintaining the stem cell population.¹²¹ Intestinal stem cells are likely converted from an active state into a quiescent state. Blocking the EGFR pathway allows the active cycling of *Lgr5*+ stem cells to transition into quiescent *Lgr5*+ stem cells, which then give rise to enteroendocrine cells.^{123,124} Although intestinal quiescent cells also express *Lgr5*, as in crypt base cells, their fate is limited; they are committed to the secretory lineages of the Paneth and enteroendocrine cells.¹²⁵ *Mex3a* marks quiescent *Lgr5*+ stem cells, capable of converting into actively proliferating cells; these *Mex3a*+ cells are resistant to injury, exhibiting features of reserve-like stem cells.¹²⁶ Indeed, after injury, quiescent intestinal cells can survive and reacquire stem cell properties, including clonogenic potential, and generate multiple lineages serving as reserve stem cells that can actively replace cycling stem cells.¹²⁵

Some researchers have argued that quiescent intestinal cells are distinct populations of *Lgr5*+ stem cells. *Bmi1*-expressing reserve stem cells in the proximal small intestine (predominantly at the +4 position) can undergo clonal expansion, exhibit low *Ki67* expression, and contribute to the regeneration of the *Lgr5*+ stem cell pool following the conditional ablation of *Lgr5*+ cells.^{97,127,128} Similarly, *mTert* and *Hopx* mark slow-cycling intestinal stem cells at the +4 position.^{129,130} The quiescent intestinal stem

cells at the + 4 position are distinct from Lgr5⁺ intestinal stem cells, with the two populations functioning in a complementary manner.^{129,130} Tuft cells are rare chemosensory and mature secretory cells found in the GI tract. They are conventionally associated with the modulation of immune responses.¹³¹ However, Clevers et al. recently suggested that intestinal tuft cells can serve as reserve stem cells capable of giving rise to all epithelial cell types in response to IL-4 and IL-13 stimulation.¹³²

4.3. Host stem cells in the colon

Similar to other GI tissues, the colonic epithelium undergoes continuous renewal driven by resident adult stem cells. These stem cells are located at the crypt base and include both actively cycling cells responsible for daily homeostasis and quiescent cells activated in response to injury or stress. Tight regulation of these populations is critical for maintaining epithelial integrity, supporting regeneration, and preventing or initiating tumorigenesis. Colonic stem cells are not only located in a similar niche within the tissue but also express biomarker profiles that closely resemble those of intestinal stem cells. As in the intestine, the best-characterized colonic stem cells are the actively proliferating Lgr5⁺ stem cells located at the crypt base.⁹⁶ Lgr5⁺ stem cell-derived colonic organoids can be engrafted into recipient mice, generating a functionally normal epithelium that remains stable for more than 6 months.¹³³ Those Lgr5⁺ colonic stem cells also express Wnt target genes, such as *Olfm4* and *Ascl2*.^{121,122} Colonic quiescent stem cells, similar to those in the small intestine, are marked with mTert.¹³⁰ Lrig1⁺ colonic stem cells are quiescent and characterized by the expression of genes related to cell cycle repression and oxidative stress response, different from proliferative Lgr5⁺ cells.¹³⁴ The loss of Lrig1 or APC in these cells disrupts the regulation of ErbB signaling and promotes tumorigenesis.¹³⁴

5. Microbiota-driven regulation of GI stem cell activity

5.1. Major regulatory pathways for GI stem cell maintenance

GI stem cells are governed by a complex interplay of canonical signaling pathways, including Wnt, Notch, BMP, and Hippo.¹³⁵ These major regulatory pathways collectively balance proliferation, differentiation, and quiescence within the crypt and glandular niches. Remarkably, recent studies indicate that microbial communities and their metabolites play integral roles in shaping the major regulatory pathways of GI stem cells.

Wnt signaling pathway plays a crucial role in maintaining stem cell proliferation and determining stem cell fate toward Paneth cells.^{135,136} Binding of Wnt ligands to the Frizzled-LRP5/LRP6 receptor complex on GI stem cells suppress consecutive degradation of β -catenin by inhibiting its phosphorylation mediated by destruction complex consist of adenomatous polyposis coli (APC), Axin, and casein kinase I (CK1) and glycogen synthase kinase 3 β (GSK 3 β).¹³⁶ The stabilized β -catenin subsequently translocate into the nucleus, where it regulates expression of target genes involved in stem cell homeostasis.¹³⁶ The recent reports have identified that Wnt production from niche cells and its signaling in GI stem cells are controlled by gut microbiota.^{32,56,137,138} Notch signaling is a evolutionally conserved pathway that plays a pivotal role in maintaining GI stem cell pool and in balancing between stem cell self-renewal and differentiation.^{135,139} To activate Notch signaling, one cell needs to express Notch ligands such as Jagged (Jag-1 and Jag-2) and Delta-like proteins (Dll1, Dll3, and Dll4), while the adjacent stem cell expresses the corresponding receptors (Notch 1-4).^{135,139} Upon ligand-receptor binding, Notch intracellular domain (NICD) is cleaved and translocated into the nucleus to promote expression of Notch target genes to maintain GI stem cell homeostasis.^{135,139} Although both Wnt and Notch signaling pathways are essential for stem cell self-renewal,^{135,140} they play distinct roles in lineage commitment. In contrast to Wnt signaling, which generally leads to secretory lineage differentiation, Notch signaling drives enterocyte differentiation while suppressing the secretory lineage.^{140,141} Remarkably, a recent study suggested that epigenetic modifications induced by microbiota-derived SCFAs enable intestinal stem cells to activate Notch signaling, thereby promoting differentiation toward the enterocyte lineage.¹⁴² Although few studies have elucidated that microbiota in GI tracts can influence some major regulatory pathways, evidence linking them to other pathways such as BMP and Hippo signaling remains limited, indicating the need for further investigation. In addition, it should be noted that certain non-canonical signaling pathways, which can influence stem cell, are also subject to regulation by the microbiota.^{12,59}

5.2. Impact of the gut microbiota on GI stem cell niche

The GI stem cell niche consists of both epithelial niche cells and subepithelial mesenchymal stromal/immune cells that provide key signals (e.g., Wnt, Notch ligands, BMP modulators) for stem cell homeostasis. As demonstrated by many previous studies, Paneth cells reside adjacent to Lgr5 + intestinal stem cells and secrete crucial factors such as Wnt ligands, EGF, and Notch ligands, which activate Wnt/β-catenin, EGFR/MAPK, and Notch pathways in neighboring stem cells.^{143,144} Of note, Paneth cell not only serves as important epithelial niche cells through diverse factor secretion, but also depends on the Wnt pathway for its maturation.¹⁴⁵ Indeed, lactate derived from lactic-acid-producing microbes stimulate Paneth cell to secrete Wnt3 via GPR81 pathway and thereby support intestinal stem cell maintenance and differentiation.³²

Although Paneth cells are clearly important niche cells for maintaining stemness and supporting differentiation, several key studies have shown that even when Paneth cell-derived niche factors are deficient or absent, they can be compensated by extra-epithelial sources.^{146,147} Beneath the epithelium, heterogeneous mesenchymal stromal cells form an essential niche throughout the GI tract, and these stromal cells secrete Wnt ligands and R-spondin as well as BMP inhibitors, thereby establishing a Wnt/BMP gradient within the crypt that sustains stemness.¹³⁵ Similar to Paneth cells, Wnt production of the mesenchymal cells can be supported by lactic-acid producing microbiota via GPR81 signaling.³² Gut microbiota exposure promotes tissue resident macrophage differentiation, which maintains the proliferation of Wnt-producing mesenchymal niche cells and, in turn, activates epithelial Wnt signaling required for stem cell differentiation during the early postnatal period.¹³⁷

Immune cells within the niche also modulate stem cell behavior. Among them, innate lymphoid cells (ILCs) are prominent regulators by secreting specific cytokines such as IL-13 and IL-22.^{135,148,149} In particular, IL-22 produced by ILC3 not only promotes intestinal stem cell proliferation, since its receptor is broadly expressed in epithelial cells, but also contributes to Paneth cell maturation.^{149,150} Mechanistically, the IL-22-mediated pathway supports stem cell maintenance through STAT3 signaling rather than through canonical Wnt or Notch pathways.¹⁴⁹ A recent study further found that IL-22 production by ILC3 is augmented by microbiota-derived metabolites.⁵⁹ Wang et al. demonstrated, using *in vivo* and organoid models, that indoles derived from *Lactobacillus* activate AhR signaling in ILC3, thereby enhancing IL-22 secretion, which in turn promotes the proliferation and development of intestinal stem cells. Although microbiota-dependent regulation of ILC-derived niche factors and their impact on gastric stem cells have not yet been elucidated, a recent study showed that the maintenance and activation of ILC2, the predominant ILC subset in the stomach, are regulated by commensal microbiota.¹⁵¹

Taken together, those emerging observations in this section illustrate a putative chain of the gut microbiota influence: microbiota → epithelial/subepithelial niche → GI stem cell. Collectively, gut commensals or microbiota-derived metabolites can shape the GI stem cell niche indirectly affecting the stem cell. Notably, this sequential establishment of the niche environment and the crosstalk between cellular subsets appears to be initiated by tissue-resident immune cells activated by microbiota.^{59,137} However, since most experiments have been conducted in the small intestine, it remains unclear whether similar appearance occur in other GI tissues with comparable niches or whether these effects are context-dependent.

5.3. Impact of the gut microbiota on stomach stem cells

SCFAs can modulate the characteristics of chief cells, known as reserve stem cells, in the gastric corpus. In our recent study, the first to introduce crosstalk between a specific microbe and gastric reserve stem cells in mice, we demonstrated that microbiota-derived SCFAs promote the quiescence of gastric chief cells.¹² *L. intestinalis*, which is abundant in the stomach, is capable of producing butyrate and regulates chief cell quiescence through the GPR43 pathway.¹² Germ-free mice exhibit increased chief cell proliferation in the stomach, indicating that microbes normally provide signals that restrain cell cycling in the stomach.¹²

Chief cells can transdifferentiate into metaplastic cells through conserved cellular reprogramming; a subset of these cells subsequently acquire self-renewal and multipotency.^{100,101,106} A previous report has shown that metaplastic cells derived from chief cells are responsible for gastric repair following ulceration.¹⁰⁷ Notably, several reports have suggested that probiotic strains can aid ulcer healing through

influencing gastric stem/epithelial cells.¹⁵²⁻¹⁵⁵ Mice pre- or post-treatment with probiotics (containing *Lactobacillus* and *Bifidobacterium* species) showed less mucosal damage and increased proliferation of gastric epithelial stem/progenitor cells compared with that in controls.¹⁵⁵ Additionally, *Lactobacillus rhamnosus* GG accelerates the healing of gastric ulcers through attenuating the ratio of cellular apoptosis to proliferation.¹⁵³ Although precise molecular mechanisms underlying the effect of probiotics remain to be elucidated, these findings suggest that probiotics may enhance gastric repair through promoting the reprogramming of chief cells or the expansion of stem-like cells.

The pathogenic microbiota can coordinate stem cell activity in the stomach. *H. pylori* (*Campylobacterota*) can colonize the stomach on the surface of the mucosa and in the deep glands, where stem cell compartments exist, contributing to the pathogenesis of gastric cancer.¹⁵⁶ *H. pylori* interacts directly with antral Lgr5 + stem cells, stimulating their proliferation and upregulating stem cell-associated genes.¹⁵⁷ This process occurs during the early stages of infection, before chronic inflammation, and is dependent on *CagA*.¹⁵⁷ Additionally, *H. pylori* induces *Rspo3* expression in myofibroblasts, which is involved in the determination of Lgr5 + stem cell fate and regulation of their antimicrobial properties.¹⁵⁸

5.4. Impact of the gut microbiota on intestinal stem cells

The intestinal microbiota regulates stem cell differentiation and the niche cells associated with the maintenance of stem cell activity. Studies conducted in the 1960s showed that the loss of the microbiota results in defects in stem cell proliferation.^{159,160} The proliferative activity of intestinal stem cells and turnover rate of intestinal epithelial cells are significantly reduced in germ-free mice and in mice treated with an antibiotic mixture.³¹ Furthermore, SCFAs produced by gram-positive bacteria play an important role in this process.³¹

Paneth cells play a critical role in intestinal homeostasis by expressing niche factors that contribute to stem cell maintenance.¹⁴³ The administration of antibiotics in mice at an early time point results in dysbiosis, which eventually causes defects in the differentiation of intestinal stem cells into Paneth cells.¹³⁷ Paneth cell defects can induce necrotizing enterocolitis in newborns,¹⁶¹ consistent with results for mice with reduced numbers of Paneth cells and in mice with early exposure to antibiotics.^{137,162,163} Transplantation of *L. rhamnosus* into mice can rescue the Paneth cell deficiency and necrotizing enterocolitis-like diseases.¹³⁷ Intestinal Paneth and stromal cells express GPR81, a lactate G-protein-coupled receptor; therefore, these cells can respond to lactate derived from *Bifidobacterium* and *Lactobacillus* spp., promoting Wnt3A production and thereby facilitating the proliferation of Lgr5 + intestinal stem cells.^{32,138} *L. reuteri* contributes to the maintenance of the number of Lgr5 + stem cells and stimulates proliferation through modulating the Wnt/β-catenin pathway.⁵⁶

Dang et al. recently suggested that the maternal microbiota during pregnancy, especially *A. muciniphila*, can shape the characteristics of intestinal stem cells in offspring, contributing to the expansion of secretory lineages.⁴⁹ They demonstrated that the maternal microbiota can influence lifelong stem cell function and the physiology of offspring through the mTOR axis.⁴⁹ Indeed, the administration of *A. muciniphila* in mice can boost intestinal stem cell proliferation and increase regenerative potential.¹⁶⁴ In contrast, upon physiological stress, *L. murinus* can impair the commitment of secretory lineages through disrupting mitochondrial respiration in Lgr5⁺ intestinal stem cells.⁶³ Although the precise mechanism remains unclear, *Lactobacillus acidophilus* (*Firmicutes*) influences the proliferation and differentiation of Lgr5⁺ stem cells and mitigates pathogen-driven inflammation.¹⁶⁵

The microbiota and their metabolites directly and indirectly influence intestinal stem cells. Microbiota-derived SCFAs serve as HDAC inhibitors, activating Notch signaling in intestinal stem cells.¹⁴² SCFA-induced Notch activation can direct the fate of intestinal stem cells toward enterocytes and improve gut barrier integrity.¹⁴² Using intestinal enteroids, Pearce et al. demonstrated that butyrate and propionate suppress the proliferation of intestinal stem cells and promote cell differentiation; acetate does not affect stem cell proliferation and primarily influences the expression of genes involved in intestinal barrier function.¹⁶⁶ However, Duan et al. recently demonstrated that fucose supplementation increases the abundance of *Akkermansia*, and its metabolite, propionate, promotes the proliferation of Lgr5⁺ intestinal stem cells in both organoid and mouse models, in a GPR41/GPR43-dependent manner.¹⁶⁷ A metabolomic analysis has revealed that *L. salivarius* produces succinate.⁶⁸ This microbiota-derived metabolite can be transported via the SLC13A3 transporter and contributes to the increased expression of *Lgr5* and proliferation markers in host intestinal stem cells.⁶⁸

Lactobacillus spp. can indirectly modulate stem cell characteristics by activating intestinal immune cells. Microbiota-derived indoles activate group 3 innate lymphoid cells (ILC3s), leading to the increased secretion of IL-22, which, in turn, supports intestinal stem cell regeneration and enhances epithelial barrier protection.⁵⁹ In contrast, *Lactobacillus*-derived indoles, including IAA and I3L have been implicated in the regulation of intestinal stem cell activity. Wei et al. reported that levels of IAA were elevated under chronic restraint stress condition. In this condition, intestinal crypt exhibited altered expression of genes involved in stem cell fate determination and energy metabolism, including oxidative phosphorylation and the tricarboxylic acid cycle.⁶³ Furthermore, the increase in indoles lead to inhibition of stem cell differentiation into the secretory lineage, likely mediated via the gut-brain axis.⁶³ In contrast, Xia et al. demonstrated that cesarean-born offspring are more vulnerable to dextran sulfate sodium induced colitis, exhibiting defective development of ILC3s and subsequently reduced IL-22 level. Supplementation with IAA restored ILC3's niche function through activation of the AhR signaling pathway, leading to enhanced IL-22 production.¹⁶⁸

Although the effect of succinate on the function of tuft cells as reserve stem cells has not yet been reported,¹³² there is evidence that microbiota-derived succinate provides metabolic benefits to *Atoh1*-independent tuft cells and contributes to their expansion.⁶⁹ The role of bile acids in intestinal stem cell biology is complex. Bile acid stimulates the proliferation of Lgr5 + intestinal stem cells through activating TGR5, which, in turn, triggers the SRC and YAP signaling pathways and induces the expression of their downstream target genes.¹⁶⁹ However, DCA, a secondary bile acid, can impair ILC3s responsible for IL-22 secretion.¹⁷⁰ Reduced IL-22 levels disrupt intestinal stem cell proliferation and differentiation into secretory lineages.¹⁷⁰ Conversely, a recent study has suggested that DCA directly targets intestinal stem cells, leading to YAP1 phosphorylation and the suppression of their differentiation into secretory lineages.¹⁷¹ Those reports indicate that secondary bile acids also exert target cell-dependent effects, similar to butyrate.

5.5. Impact of the gut microbiota on colonic stem cells

Although fewer studies have focused on microbiota–stem cell interactions in the colon than in the small intestine, some reports have shown that microbes and their metabolites can influence stem cell function in the colon. The transplantation of the human gut microbiota into germ-free mice can promote a high proliferation rate in the colonic mucosa, suggesting that the microbial composition influences the stem cell-driven renewal of the colonic epithelium.¹⁷² EGFR signaling plays a crucial role in switching gut stem cells from a quiescent to a proliferative state.¹²⁴ In this context, the commensal microbiota can upregulate NOX1 expression in colonic stem cells via TLR signaling, and NOX1-derived redox signaling subsequently facilitates proliferation by enhancing EGFR activity.¹⁷³

Microbiota-derived metabolites also affect colonic stem cells. Commensal microbiota-derived I3A can promote the turnover of colonic stem cells and their differentiation into goblet cells in an AhR-IL-10-dependent manner, rather than through the AhR-IL-22 axis.¹⁷⁴ Normal colonocytes can metabolize microbiota-derived butyrate, protecting colonic stem cells from exposure to high butyrate concentrations that can alleviate butyrate-dependent HDAC inhibition and thereby impair stem cell maintenance.³³ On the other hand, a contrasting report showed that patients with colonic atrophy treated with butyrate exhibited upregulation of genes involved in mucosal repair, including Wnt pathway genes and BMP antagonists, which are known to maintain colonic stem cell stemness and proliferation.¹⁷⁵ Indeed, administration of butyrate prevented mucosal inflammation and atrophy in these patients.

6. Cancer development and progression

Although controversial, there is substantial evidence that gut cancers originate from adult stem cells.^{109,176-178} Cancer development is associated with drastic changes in the gut microbial diversity, and certain pathogenic or protective microbes can affect cancer progression.¹⁷⁹

Recently, we demonstrated that adult reserve stem cells (chief cells) located at the base of the gastric corpus strongly express the SCFA receptor GPR43.¹² Consistent with *in vivo* observations, organoids derived from chief cells showed growth suppression in response to butyrate via the GPR43 axis. Since chief cells are well-known precursors of gastric cancer,¹⁰⁰ such metabolite-based growth-suppressive

mechanisms may also operate during gastric carcinogenesis. Notably, *Lactobacillus intestinalis*, introduced in our recent study, can produce microbiota-derived metabolites not only butyrate but also retinoic acid (Figure 1). Thus, its biological relevance in this context warrants particular attention. Therefore, further investigation is urgently required to determine whether gastric microbes and their metabolites suppress the reprogramming of chief cells into precancerous cells or simply modulate their self-renewal capacity under homeostatic conditions.

In some cases, gut microbes may exacerbate the lesion rather than exerting a protective effect. Using human samples, we have demonstrated that the transplantation of the gastric microbiota from patients with metaplasia or gastric cancer into germ-free mice is sufficient to recapitulate precancerous signatures.¹⁷⁹ Additionally, Fu et al. recently demonstrated that *Streptococcus anginosus* (*Firmicutes*), a species enriched in gastric cancer, promotes gastric carcinogenesis.¹⁸⁰ They proposed a new risk factor for carcinogenesis independent of *H. pylori*, showing that the pathogenesis is linked to the TMPC-Annexin A2 axis that enhance its downstream pathway including *p*-ERK, *p*-JNK and *p*-AKT.¹⁸⁰

Adult stem cells in the esophagus are considered the cellular origin of cancer progression.¹⁸¹ Although direct evidence linking the esophageal microbiota to stem cell regulation remains limited, previous research has suggested that microbes associated with esophageal cancer can influence gene expression in esophageal epithelial cells.¹⁸² Indeed, specific oral microbes, such as *Campylobacter* spp., *Porphyromonas gingivalis*, and *Streptococcus anginosus*, have been identified in metaplasia or esophageal cancer tissues and are associated with esophageal cancer development.^{182,183} Of note, *Porphyromonas gingivalis*, enriched in colorectal cancer, has been shown to accelerate carcinogenesis by producing excessive butyrate that induces cellular senescence of epithelial cells and organoids.⁵⁵ *Clostridium butyricum* also produces butyrate, but it activates GPR43-mediated antiproliferative signaling in cancer cell line and simultaneously modulate Wnt/β-catenin signaling and the gut microbiota.⁵⁴ This ultimately inhibits colonic tumor development in APC min/ + mice model. Collectively, these contrasting observations suggest that SCFA-mediated pathways may play dual roles in GI carcinogenesis derived from stem cells, with outcomes that depend on the local metabolite concentration, microbial community structure, and the presence of responding receptors or synergistic effects.

Metdji et al. demonstrated that the activation of AhR directly prevents the excessive proliferation of intestinal stem cells and mitigates cancer progression in a murine cancer model; although their study focused specifically on dietary indoles as AhR ligands, these findings suggest that microbiota-derived indoles play a role in preventing cancer progression.¹⁸⁴ In contrast, microbiota-derived TMAO drives the progression of GI cancer. TMAO accelerates the proliferation of colorectal cancer cells and promotes angiogenesis *in vitro* by increasing vascular endothelial growth factor A levels, thereby facilitating carcinogenesis.^{185,186} In addition, the production by *Escherichia coli* (*Proteobacteria*) is associated with DNA methylation in colorectal cancer.⁸⁸ Recently, a research group conducted a co-culture experiment using human intestinal organoids and a pathogenic strain of *Escherichia coli*. They identified that colibactin, a genotoxic metabolite produced by the pathogen, can directly induce DNA mutation in host cell.¹⁸⁷ This finding suggests that microbiota-derived metabolite may promote cancer progression by inducing DNA modification in GI stem cells. The elevation of secondary bile acids has also been reported in patients with GI cancers.¹⁸⁸ Notably, cancer cells express TGR5, which can be activated by microbiota-derived secondary bile acids to induce various downstream signaling pathways.¹⁸⁹ Secondary bile acid-mediated signaling inhibits apoptosis and promotes cancer cell proliferation, metastasis, invasion, and transformation.¹⁸⁹ Therefore, the targeted manipulation of microbiota capable of producing TMAO and secondary bile acids may serve as a promising strategy for preventing GI cancer.

7. Conclusions

Gut microbes exert direct effects through the colonization and secretion of metabolites, such as SCFAs, succinate, indoles, and secondary bile acids, which may help regulate stem cell characteristics (Table 1). Recent studies have begun to uncover elaborate mechanistic links between specific microbe, its metabolites, and GI stem cell regulation. For example, *Lactobacillus reuteri*-derived fructose has been shown to fuel intestinal stem cell glycolysis and proliferation under stress,¹⁹⁰ while *Lactobacillus murinus*-derived indole-3-acetic acid (IAA) impairs mitochondrial function in intestinal stem cells in an AhR-dependent manner, thereby distorting stem cell differentiation.⁶³ In the stomach, our recent work first demonstrated

Table 1. Interaction between hots stem cells and gut microbes.

Affected stem cells	Specific bacterial strains	Relevant metabolites	Relevant mechanisms	References
Corpus chief cell	<i>Lactobacillus intestinalis</i>	Butyrate	Micobiota-driven butyrate can promotes proliferation of chief cells via GPR43-dependent pathway	12
Antral Lgr5 + stem cell	<i>Helicobacter pylori</i>	Unidentified	<i>Helicobacter pylori</i> directly colonizes the surface of stem cells, and then promotes proliferation and expansion of stem cell population	157
	<i>Helicobacter pylori</i>	Unidentified	<i>Helicobacter pylori</i> stimulates the production of R-spondin from myofibroblasts, thereby dictating the differentiation of Lgr5+ stem cells.	158
Intestinal Lgr5 + stem cell	<i>Lactobacillus rhamnosus</i>	Unidentified	Gut microbiota program the stem cell niche to activate Wnt signaling, thereby promoting the differentiation of stem cells.	137
	<i>Bifidobacterium</i> and <i>Lactobacillus</i> spp.	Lactate	Microbiota-derived lactate signal through the GPR81 receptor to niche cells, thereby activating the Wnt3/β-catenin pathway in Lgr5+ intestinal stem cells.	32
	<i>Lactobacillus reuteri</i>	Unidentified	<i>Lactobacillus reuteri</i> stimulates the proliferation of intestinal stem cells by upregulating R-spondin expression and activating the Wnt/β-catenin signaling.	56
	<i>Akkermansia muciniphila</i>	SCFAs	Maternal gut microbiota-derived metabolites, such as SCFAs and amino acids, are transferred to the offspring and activate the mTOR signaling in the offspring's stem cells.	49
	<i>Akkermansia muciniphila</i>	N/A	Amuc_1409 promotes the dissociation of the E-cadherin/β-catenin complex through its interaction with E-cadherin, thereby activating the Wnt/β-catenin signaling pathway.	164
	<i>Lactobacillus murinus</i>	IAA	Microbiota-derived indole-3-acetic acid acts on mitochondrial function in stem cells, thereby hindering their commitment to the secretory cell lineage.	63
	<i>Akkermensia</i> spp.	Propionate	Fucose enhances the production of propionic acid in the gut, thereby promoting the proliferation and differentiation of intestinal stem cells via activation of GPR41 and GPR43.	167
	Unidentified	LCA, DCA	Bile acids stimulate intestinal epithelial regeneration by activating TGR5 in intestinal stem cells, which in turn triggers SRC and YAP signaling cascades and upregulates downstream target genes.	169
	Unidentified	DCA	Deoxycholic acid can act directly on intestinal stem cells by inducing YAP1 phosphorylation, thereby inhibiting their commitment to secretory cell fates.	171
Active intestinal stem cell	<i>Lactobacillus amylovorus</i>	Lactate	Microbiota-derived lactate activate Wnt/β-catenin signaling in a GPR81-dependent manner to promote stem cell proliferation.	138
	<i>Lactobacillus acidophilus</i>	Unidentified	<i>Lactobacillus acidophilus</i> has been shown to protect the intestinal mucosa and alleviate inflammation by modulating the fate of intestinal epithelial cells.	165
	Unidentified	SCFAs	SCFAs enhance intestinal barrier integrity by promoting the differentiation of absorptive enterocytes through activation of the Notch signaling, which is mediated by HDAC inhibition.	142
	<i>Lactobacillus salivarius</i>	Succinate	Microbiota-derived succinate is transported via SLC13A3 and enhances Lgr5 and proliferation marker expression in intestinal stem cells.”	68
	<i>Lactobacillus rhamnosus</i>	I3A, IAA	Microbiota-derived indoles activate ILC3s via the AhR pathway, promoting IL-22 secretion and facilitating intestinal epithelial regeneration.	59
	Unidentified	DCA	Deoxycholic acid suppresses ILC3 function, leading to reduced IL-22 secretion. This reduction impairs intestinal stem cell proliferation and their differentiation into secretory lineages.	170
Intestinal tuft cell	Unidentified	Succinate	Microbiota-derived succinate promotes the expansion of an ATOH1-independent tuft cell population by providing metabolic support.	69
Colonic Lgr5 + stem cell	Unidentified	N/A	Microbiota-derived TLR ligands induce NOX1-dependent ROS production, which amplifies EGFR signaling to enhance Lgr5 + colonic stem cell proliferation	173
	Butyrate	Unidentified	Microbiota-derived butyrate suppresses colonic Lgr5 + stem cell proliferation via HDAC inhibition	33
Active colonuc stem cell	Unidentified	I3A	Microbiota-derived indoles modulate epithelial lineage allocation via AhR-mediated IL-10 signaling, thereby fine-tuning stem differentiation within the crypt niche.	174

that *Lactobacillus intestinalis*-produced butyrate modulates the proliferation of gastric chief cells through GPR43 signaling.¹² Although the major metabolite-producing microbial taxa have recently been identified, many fundamental questions remain unresolved. In particular, the precise and profound molecular mechanisms by which specific microbe and its metabolites modulate the function of diverse adult stem cells along GI tract (Figure 2) remain to be fully elucidated.

Future research should employ integrative approaches such as gnotobiotic germ-free mice, organoid co-cultures with defined metabolites or microbes, metagenomics, single-cell multi-omics, and lineage tracing studies with stem cell marker-expressing mice to identify precise and causal relationships within the stem cell niche. Moreover, inter-individual variability in microbiome composition, diet, and host genetics likely contributes to divergent responses to the same metabolite, underscoring the need for personalized analyzes.

As microbial metabolites exhibit context-dependent and sometimes opposing effects on GI tract's homeostasis and pathogenesis, it is possible that these metabolites similarly exert dual effects on stem cell behavior. Recognizing and addressing these knowledge gaps will not only elucidate how microbial metabolites sustain stem cell homeostasis but also guide the development of microbiota-based strategies for disease prevention.

As summarized in this review, most recent research on host stem cell-microbiota interactions have focused on the lower GI tract, while similar analyzes of the stomach are limited, largely owing to its acidic environment. We have recently identified various microbial species inhabiting the stomach under harsh conditions.^{12,179} However, further investigations of the relationship between the gastric microbiota and host stem cells are needed. Gastric adult stem cells are considered a potential cellular origin of gastric cancer; thus, understanding how microbes influence their behavior could provide crucial insights into disease initiation and progression. Furthermore, although the upper GI tract, including the oral cavity and esophagus, harbors stem/progenitor cells, there is a notable lack of studies that directly address the interaction between the microbiota and these stem cell populations. Research in this area may reveal broader principles of microbiota: Stem cell communication along the entire GI tract.

Disclosure statement

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